



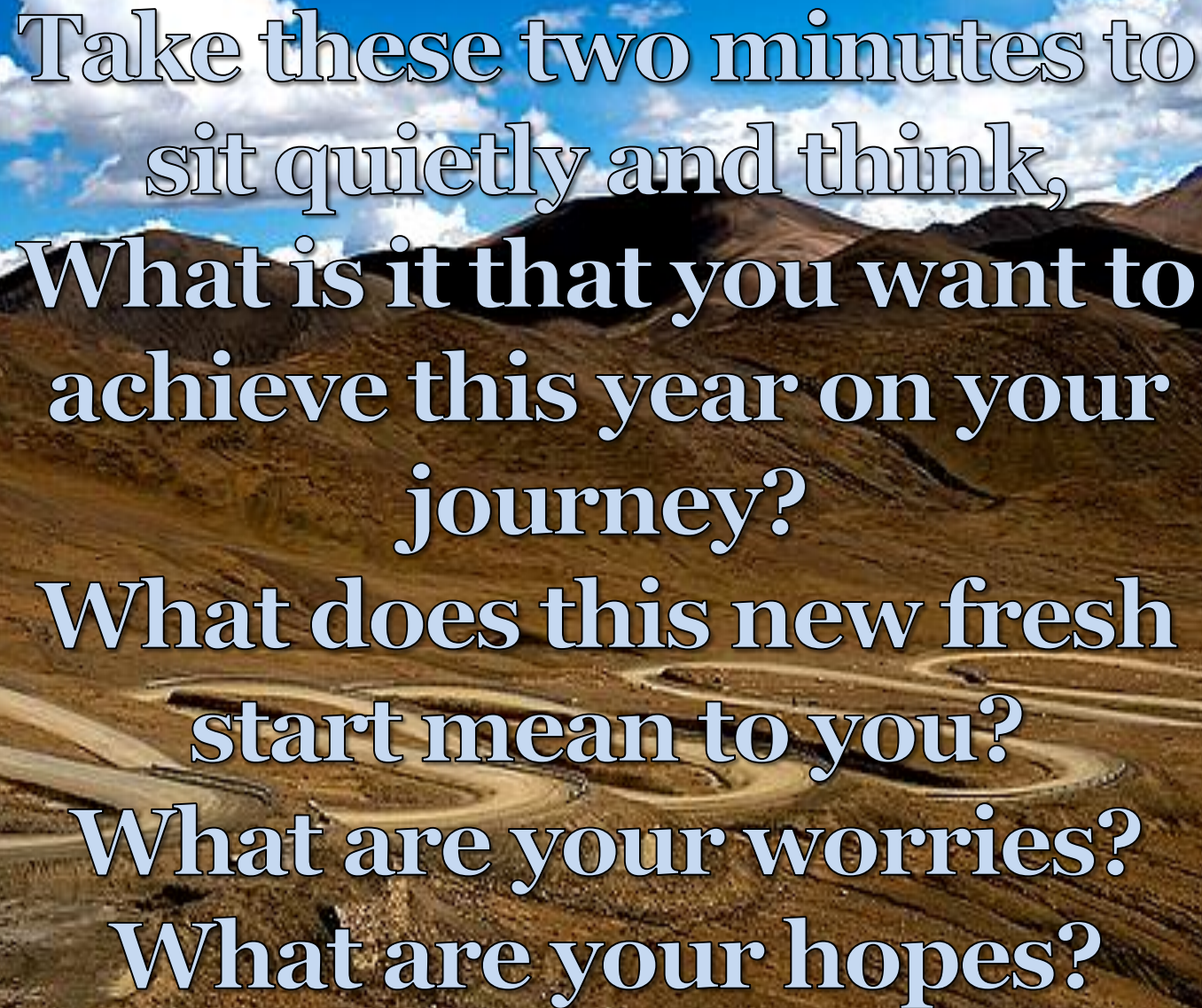
Welcome  
to a fresh  
new year.

A new  
journey  
awaits.

music







Take these two minutes to  
sit quietly and think,  
What is it that you want to  
achieve this year on your  
journey?  
What does this new fresh  
start mean to you?  
What are your worries?  
What are your hopes?



# Top Ten Tips for your journey....





# 1. Keep the tower in sight



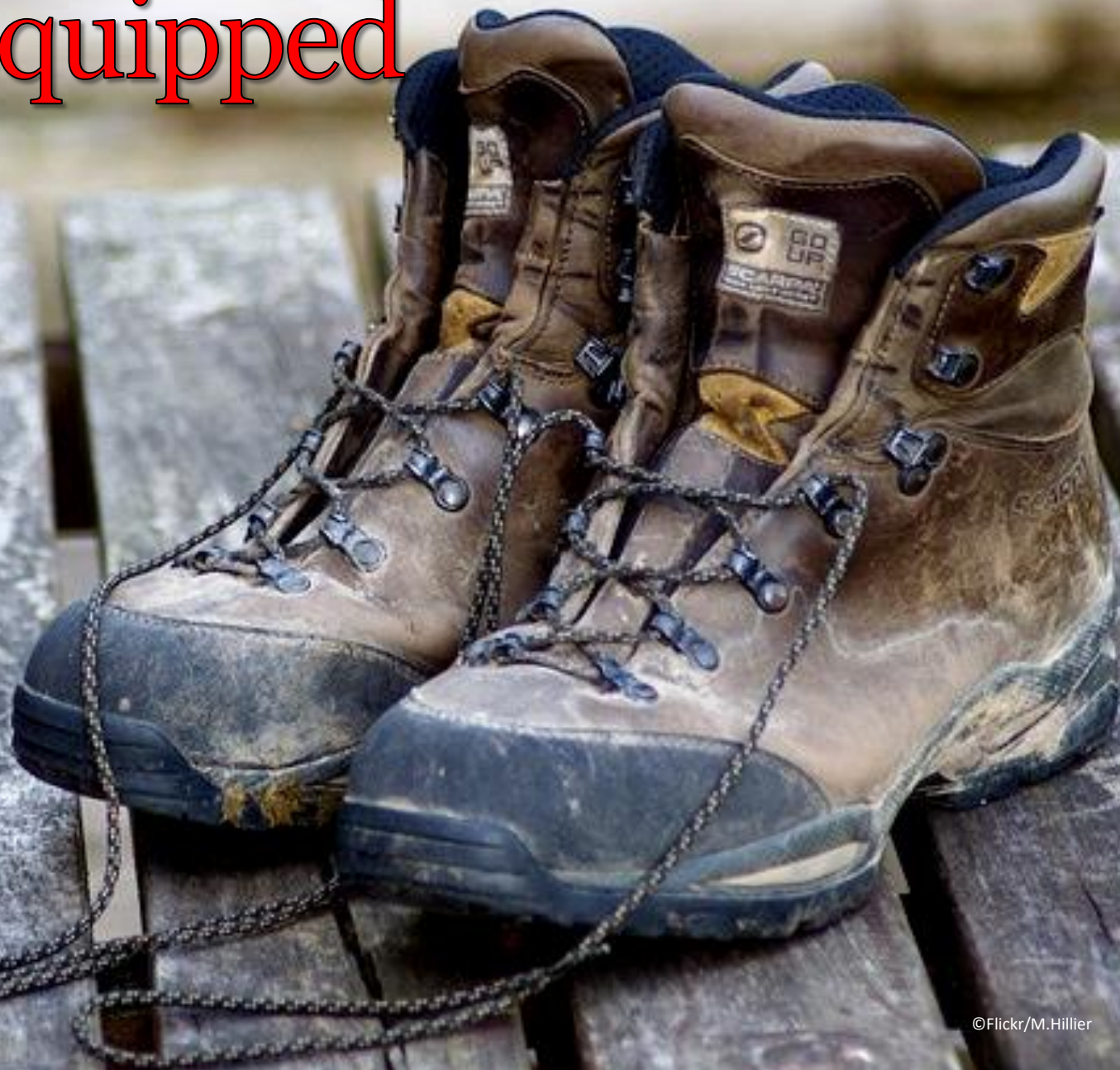




## 2. Start walking



# 3. Get equipped





# 4. Get directions





# 5. Get help





**6. Read  
the  
signs**



**7. Get lost**

**WRONG TURN O.K.**



# 8. Be kind to the people you meet





# 9. Explore!





# 10. Enjoy the journey!





A landscape photograph capturing a misty morning. In the foreground, a wooden fence with a barbed wire runs across the right side. The middle ground is a vast, misty field of tall grasses. In the background, a mountain peak is visible, topped with a small, dark structure. The sky is a soft, hazy orange, suggesting the sun is low on the horizon. The overall mood is serene and contemplative.

**Because...a journey of a  
thousand miles starts with a  
single step**



Life is not a race-but indeed a journey.  
Be honest. Work hard. Be choosy. Say "thank  
you". "I love you", and "great job" to someone  
each day. Take time for prayer. Be thankful.  
Love your life and what you've been given, it  
is not accidental. Search for your purpose  
and do it as best you can. Dreaming does  
matter. It allows you to become that which  
you aspire to be. Laugh often. Appreciate the  
little things in life and enjoy them. Some of  
the best things really are free. Do not worry.  
Forgive, it frees the soul. Take time for  
yourself. Plan for longevity. Recognize the  
special people you've been blessed to know.  
Live for today, enjoy the moment.

-Bonnie Mohr

*lessonslearnedinlife.com*

