

BTEC National Health and Social Care:

Transition Work

Welcome to your BTEC National Health and Social Care course. Completing the following activities will provide you with some essential knowledge that will ensure your transition to the subject is as smooth as possible. If you need any help or support with the activities please e mail htaylor@holyfamilyschool.uk.

The course.

You are joining a course that has a 30 year track record of learner success, with the BTEC National widely recognised within the industry and in higher education as the signature vocational qualification. Over 60% of large companies recruit employees with BTEC qualifications and 100'000 BTEC learners apply to UK universities every year.

There are many roles available in the Health and Social Care sector – providing varied opportunities to make a difference to people's lives in a positive way. The demand for skilled professionals continues to grow with Universities nationally accepting record numbers of people on health and social care courses in 2020. Whether you are thinking of pursuing a career in nursing, healthcare science or social work, the BTEC National in Health and Social Care includes pathways that will help you to fulfil your ambition. Once you have completed your studies,

whatever you choose to do you will be doing a job that is varied rewarding and worthwhile.

At Holy Family you will study a range of units that will be invaluable in your chosen profession or future study. You will learn about the human body and how it changes over time. Additionally you will learn about what it means to work in the sector and the skills and behaviour you will need to demonstrate.

Human Lifespan Development

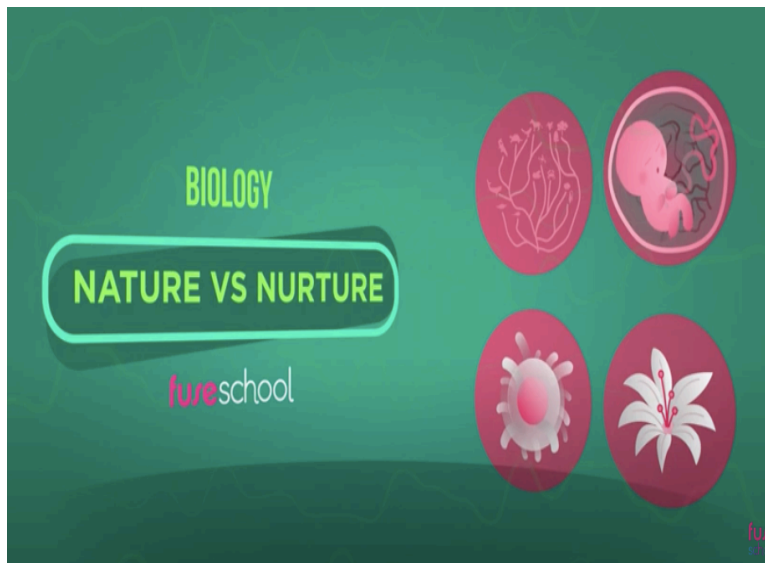
Health and Social Care practitioners need to develop a knowledge base for working with people in every stage of their lives, and they need to know how their own experiences relate to health and wellbeing.

TASK 1

What do you already know about lifespan development? Using the lifestages **infancy**, **early childhood**, and **adolescence** write a short description about your development so far. For early and late adulthood, predict how you think that your development will progress. We will reflect on these ideas once we start the course and again at the end of the unit to see whether you would change your descriptions or predictions!



Growing up you will have noticed that physical growth and development is influenced by many factors – there is no fixed pattern. Some factors are inherited (nature) and some are acquired (nurture) through environmental factors during our lifespan. Health and Social care practitioners need to have knowledge of a number of theories and models that can be used to explain and interpret behaviour throughout the human life span.



TASK 2

Use the link below to watch a short video on the Nature Vs Nurture debate. Pause the video when instructed to complete the activities.

<https://www.youtube.com/watch?v=EmctxRcmloc>

TASK 3

Reflect upon your own growth and development – write a short summary to describe any inherited and environmental factors that may have impacted? What services were offered to support your growth and development in infancy, early childhood and adolescence? Can you identify any services that were particularly helpful? Are there any particular services that you would like to see available in the future?



TASK 4

Throughout the course you will extend your specialised vocabulary as you become familiar with words and phrases used routinely in the Health and Social care sector. Research the key words / terms below to give you a head start as we begin the first unit!

<u>Key term</u>	<u>Definition</u>
Growth	
Development	
Gross Motor skills	
Fine Motor Skills	
Adolescence	
Puberty	
Life expectancy	
Cognitive Impairment	

Throughout your BTEC course you will be expected to complete wider reading around the topics covered in class. Cambridge University calls such activities “Super -Curriculum” and research demonstrates that completing these activities significantly increases your understanding and exposes you to the language required to push your answers towards the higher grades...you might just enjoy it too!

TASK 5

Below is a reading list for Health and Social Care learners recommended by Pearson Health and Social Care sector manager Trudy Murray. The list of useful books, films and TV shows can help you learn more about the sector and support you as you study for your qualification. Take a look and see what you think!

Books

This is going to hurt by Adam Kay, 2004

Secret diaries of a Junior Doctor during his medical training from 2004 to 2010

Themes: Healthcare services

The fault in our stars by John Green, 2012

Story of two cancer-afflicted teenagers who embark on the adventure of their lives.

Themes: Illness

Elizabeth is missing by Emma Healy, 2014

An elderly woman descending into dementia embarks on a desperate quest to find the best friend she believes has disappeared.

Themes: Illness / old age

One Flew Over the Cuckoo's Nest by Ken Kesey, 1962

Story of patients in psychiatric hospital

Themes: Care values

No Child of Mine by Susan Lewis, 2013

Story of a social worker who is unable to detach from a child the way she should

Themes: Social care

Films

Still Alice, 2014 (12A)

Story of a professor developing early onset Alzheimer's disease

Themes: Illness / disorders

Hidden Figures, 2016 (PG)

Three female mathematicians deal with racial and gender discrimination at work

Themes: Care values

To the Bone 2017 (15)

Story of a young woman battling anorexia

Themes: Diet and appearance

Three Identical Strangers 2018 (12A)

Identical triplets become separated at birth and adopted by three different families. Years later, their amazing reunion becomes a global sensation.

Themes: Relationship / family

TV programmes

The Secret Life of 4 and 5 Year Olds (Channel 4)

The award-winning series that lifts the lid on the ups, downs, tears, tantrums and triumphs of the playground.

Themes: Childhood development / life stages

Old People's Home for 4 Year Olds (Channel 4)

One of the UK's biggest retirement villages opens a nursery where the classmates' ages range from 3 to 102

Theme: Life stages

Born to Be Different (Channel 4)

The pressures and joys of bringing up disabled children

Themes: Disability and childhood events

Mum, Dad, Alzheimer's and Me, Real Stories (YouTube)

Fiona Philips investigates the care of Alzheimer sufferers in the UK

Themes: Illness / old age

24 Hours in A&E (Channel 4)

Emergency cases entering A&E

Themes: Life Events

Crisis in Care (BBC Panorama)

Panorama explores our social care system as our population gets older and more of us need help with day to day living.

Themes: Old age / care services

The Nine to Five with Stacey Dooley: Caring and Sharing (BBC)

Stacey Dooley takes five teenagers to a care home for work experience

Themes: Types of support/voluntary support/old age

NEWS Programmes

Updates on developments and guidance regarding Covid-19 from around the world.