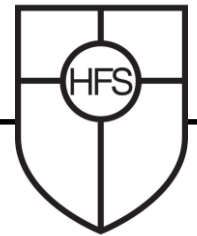


The Holy Family

Catholic School



Dear Student,

I hope this letter finds you and your family well.

We as a school have decided to try and share some of our lockdown experiences and we were hoping you as students could help us and get involved with this.

Your challenge if you choose to accept it, is to write a letter back telling us all about your own lockdown experience.

Helpful tips. You could write it as a story, draw a story board or a spider chart. The more creative the better!

- Tell us about any nice or not so nice parts of being in lockdown. Examples could be, not seeing your family or friends, playing in the garden or going for walks.
- Any worries you may have returning to school?
- A significant event that has taken place during your lockdown experience such as a wedding, birth or death of a family member.
- Things you did to keep your mind active during the past few months.
- Anything that has stopped you from progressing with your schoolwork. No laptop or access to Wi-Fi, sharing computers with siblings etc.

Here are a few extracts from staff in school's lockdown experiences.

One of the best things about lockdown for me was being given the invaluable gift of time with my daughter. She turned three in the middle of lockdown and we have had loads of walking adventures (and a few disasters including me falling into the beck!). We have done loads of creative things including creating a canvas of our handprints which is now on my living room wall! One of the hardest things though had to be being completely isolated from family and friends and, as much as I love my little girl, only having a three year old to talk to was quite difficult!

The hardest part of lockdown for me has been not being able to see my family and friends. I have found it difficult to concentrate on my work and have lacked motivation on some days not wanting to get out of bed.

I enjoyed spending time with my family watching movies and playing board games to pass the time on rainy days.

My grandad passed away during lockdown, this was very difficult for me as I was unable to go to the funeral and it made me very sad.

Over the last 14 weeks I have had good and not so good experiences of being in lockdown.

I think the best thing was the good weather and being able to find new, long walks to go on with my dog. He's very fit now! 😊

I have really missed meeting up with my friends though and at times have felt quite isolated. We have all been talking on WhatsApp and online so at least we have kept in touch that way. Not the same as meeting up I know but at least we have stayed in contact.

The thing that has worried me the most has been going to the supermarket once a week. At first I was very nervous of standing in the queue but people were very sensible and stood in line nicely. I didn't like being inside the supermarket though as some people seemed to forget their manners and would push in front of me and get too close.

Now I am back at work it is nice to see my work colleagues and catch up with them, at a social distance of course.

Enclosed with this letter is a stamped addressed envelope back to us at school so all you need to do is drop it in the post-box. The most creative letters will be rewarded when we are back to school in September.

We look forward to hearing from you. Please try and get your letter back to us before the end of term on the 17th July.

Yours sincerely

F Brown

Miss Brown

Grade Improvement for Tomorrow Team