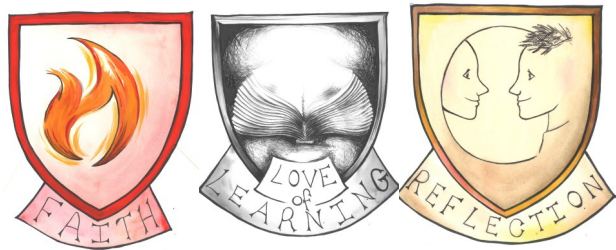


Awakening Minds in PE



Through PE & Sport our students learn to develop the important qualities of discipline, resilience, communication, team work, and ambition, leading to improved concentration and attitude.

Students learn about themselves, the importance of a healthy lifestyle, self-expression and concepts such as fair play and respect. It also contributes to the development of a range of important cognitive skills such as decision making and analysis, and social skills such as teamwork and communication.

Achieving Dreams in PE



We hope that our students will continue to participate in physical activity after they have left the school, at all levels and in a wide variety of sports. The curriculum is inclusive and ensures that students of all abilities access the range of activities we offer and that they are physically active for sustained periods of time in order to encourage them to lead healthy, active lives. Implementing this vision involves providing our students with leadership opportunities, inter and intra-school competition to develop their love of sport and self-development.

Serving Others in PE



To provide students with the opportunity to participate, compete in and enjoy a wide variety of school sport. Create a positive environment in which students feel involved, engaged and challenged. Students develop their physical ability, tactical knowledge, leadership capacity, fitness and teamwork. Implementing this vision involves providing our students with leadership opportunities, inter and intra-school competition to develop their love of sport and self-development.