### Prayer for the day



#### We take a day off following the Rosary to mark Pentecost

**Offer** – Sunday is the feast of Pentecost – the birthday of the Christian Church

When Pentecost came around the were all together in one place. Suddenly there was the sound of a violent wind and they saw what seemed to be tongues of fire that separated out and came to rest on the head of each of them.

Acts of the Apostles

#### Reflect

Pentecost marks the day – ten days after Jesus actually said to them, "It is over to you guys now!" - when the friends of Jesus wholeheartedly accepted the gifts from God and began work to establish the Church and tell people Jesus' message.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

#### Do

We look at scriptures and read the old stories seeking guidance in making choices. Make sure your choices are in accord with God's wishes and help to build the Kingdom here in our time

#### Close

Blessed be the name of the Lord. Now and forever

Prayer
Lord, grant that members of this school
May always remain a holy people bound together in unity
Awakening Minds, Achieving Dreams and Serving Others.
Amen

#### We have been asked to pray for:

**The Pope's prayer intention for this month:** The world of finance - Let us pray that those in charge of finance will work with governments to regulate financial markets and protect citizens from its dangers.

**The Pope also asks** that during May the Rosary is prayed world-wide for release from the pandemic. The intention today is *For social assistance staff* 

We have assessments runningthis week. Some assessments planned for last week are running today. Please remember all the students who are completing assessments **Those who are ill:** Suzanne Watson, Lucy Booth, Mr Gott, Qasim Sher, Nagina Begum, Robert Cooper, Sebastian Metcalfe

Those who have died recently: Alexander Firnigl.

#### Thought for the week

Learn everything you can, anytime you can, from anyone you can. There will always come a time when you will be grateful you did.

### The Friday puzzle

	Futoshiki Using the numbers 1-5 only, complete the grid, obeying the, "Greater than," and, "Less than" signs.
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#### Hospice cycle ride

In the hope that covid restrictions will allow it by then plans are being made for the Bronte Sportive cycle ride on Sunday July 18th in support of Manorlands, the local Sue Ryder hospice. Start and finish at Keighley College in Dalton Lane, six routes on offer to cater for all abilities. More details and sign up at: <u>www.sueryder.org/sportive</u>

### The Year of St Joseph



# Look after yourself

Mental Health	You may not control all the events that happen to you, but you can decide not to be reduced by them.
Matters District	can decide not to be reduced by them.

### Saint of the day

**St Christopher Magallanes & companions** Feast day of St Christopher Magallanes. A Mexican farm worker later ordained a priest he worked extensively to improve the living conditions of his parish. He also preached against armed rebellion and was shot in 1927.

Saint Christopher - pray for us



#### Cycle for Szymon starts tomorrow





Down Syndrome Training and Support Service Ltd



"This is a very tough challenge, but with your support the miles will fly by. I will carry my food, tent and essentials with me." Michal Piecyk

> Cycle 516 miles for Szymon

Supporting

ing and ort Service Ltd

uk.virginmoneygiving.com/MichalPiecyk



# 500 CIRCUIT ROUND THE NORTH COAST OF SCOTLAND

Michal Piecyk will cycle 516 miles to raise funds for **Down Syndrome Training and Support Service.** 

Szymon was born into the Plata family in March 2020 with Down Syndrome. Michal, Szymon's godfather was inspired to take up this challenge to raise awareness around all those special children and adults with extra chromosomes.

To raise awareness of inclusion and educational provision Michal Piecyk, a volunteer worker at The Good Shepherd Centre in Keighley will cycle the gruelling Great North 500 circuit round the North Coast of Scotland at the end of May.

Ewelina Jankowska as a part of her special study from her degree qualifications will study modern methods of support for Down's Syndrome Children.

#### NC500 ROUTE FACTS

- Distance: 516 miles
- Trip length: 7 days
- Accommodation: camping
- Transport: Michal will cycle on his own
   carrying food, tent and essentials with him.

Michal is raising funds for Down Syndrome Training and Support Service who provide a wide range of training for all parents and professionals working and caring for children with Down Syndrome. They support over 360 families and 200 organisations across health, education, and social care.

Michal has set-up an online fundraising page, at uk.virginmoneygiving.com/MichalPiecyk, with the aim of raising £1,500.

Follow daily diary of progress on www.thegoodshepherdcentre.org.uk, and Facebook from 22nd May 2021.

The Danny Ryan Memorial Committee in cooperation with Keighley Catholic Schools and supported by Cougar Printing Company are sponsoring publicity materials.



# Festivals and special days

### Sunday is: Pentecost

Pentecost is often seen as the 'birthday' of the Church, since this is when the disciples of Jesus first proclaimed the Gospel after receiving the gift of the Holy Spirit. The name comes from the Greek pentekoste, "fiftieth". The alternative name of Whitsuntide comes from the custom of converts presenting themselves for baptism on this day dressed in white. The symbols of Pentecost are those of the Holy Spirit and include the dove, the wind, the breath of God and flames.

The obligation to hear Mass at church on a Sunday is temporarily suspended although most churches are open for public Mass. Think about making use of a weekday Mass or hearing Mass online. It is usually necessary to book a place in order to attend Mass in a covid-safe manner. Checkout the parish websites:

. Our Lady and St Anne: <u>https://www.stanneskeighley.org.uk/</u> Oury Lady and St Joseph: <u>https://www.ourlady-stjoseph.org.uk/</u> Our Lady of Mount Carmel: book by phone 01535 653153 or Email: <u>office.ourladyofmountcarmel@dioceseofleeds.org.uk</u> -

For Mass online

Sign up to get a link every weekend for video Mass at St Joseph's <u>https://www.ourlady-stjoseph.org.uk/bulletins/</u>

The Cathedral is streaming Mass and other prayers regularly:

https://www.dioceseofleeds.org.uk/cathedral/

Also visit <u>https://heavensroadfm.com/</u> and check out the "Live Mass" tab which schedules a Mass roughly every half-hour through the day.

**Dial-a-Mass**: The Mass is recorded and put on the telephone at 12:00noon each Sunday and remains available until 11:59am the following Sunday. The Mass will not go over one hour in length and tends to be around 45 minutes. Anyone who wishes to hear Mass in this way, for the cost of a local call, can access it by dialling 01642 130 120.

### Flourish as a human being – Develop Virtues

Exercise self-control: "For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline." (2 Timothy 1:7)



### Keep yourself in good order with tech



Remember: There are no passwords any more! It is now "Passphrase." Those specialising in cyber security recommend at least three random, unconnected words and a smattering on numbers or symbols with random uppercase letters thrown in

### It happened today

In 1916 - British Summer Time starts for first time

# Solution to the puzzle

