



think
better

learn actions
well
done carefully
see

Reflection

time differently
went person
become
take

Virtue of the Week – REFLECTION



“Or how can you say to your brother, ‘Let me take the speck out of your eye,’ when there is the log in your own eye?”
(Matthew 7:4)

You might be awarded a *reflection* virtue for doing things like:

- Completing an assessment, test, quiz or exam
- Completing self-assessment or peer-assessment
- Engaging with feedback and green pen

- ***You take time to think about what you have done in order to learn about what went well and what you could have done differently or better.***
- ***You think carefully about your actions to see how you can become a better person.***



Reflections on climate change solutions

Knowledge

On the next slide is the leader of Tuvalu giving a speech to COP 26 leaders. Tuvalu is a small island nation in the Pacific Ocean. As a country it has minimal CO2 emissions.

What is the leader of Tuvalu trying to get across to world leaders?



Reasoning

What message do you think the leader of Tuvalu is trying to get across?

Is it all our responsibility to change what we do to reduce our carbon footprint?

Why is it the more vulnerable people who suffer most impacts?

What is the key message of this video?

<https://www.youtube.com/watch?v=W71eBGN2iSw>

With thanks to WWF UK and Kae Tempest



*"We are the **first generation** to feel the effect of **climate change** and the last generation who can do something about it."*
Barack Obama

Extreme weather events such as wildfires, flooding and heatwaves, are becoming more common and people are talking about climate change with more urgency.

There is a sense of **now or never** with climate action and COP26.



Image credit: Alamy



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Practice

Even though climate change has to be tackled at a global scale, we are all responsible and need to take action. On the next slide are some examples of what could be done.

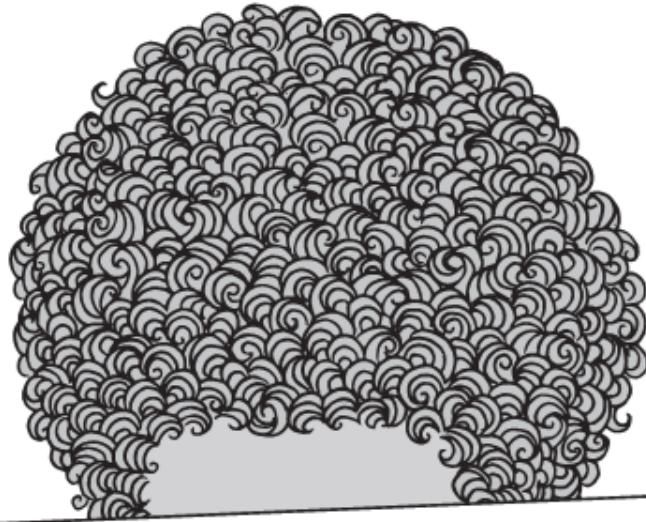


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Practical activities:

1. Reflect on how much food you waste at home. Can you reduce this? Can you grow some of your own?
2. Reflect on whether you could eat a vegetarian meal once a week to cut down on meat.
3. Reflect on whether you always need to use your family car to get about – can you walk or cycle?
4. Reflect on whether you use a lot of plastic all the time – can you make sure you have your own water bottle or straw? Do you need packaging or a plastic bag when buying things?

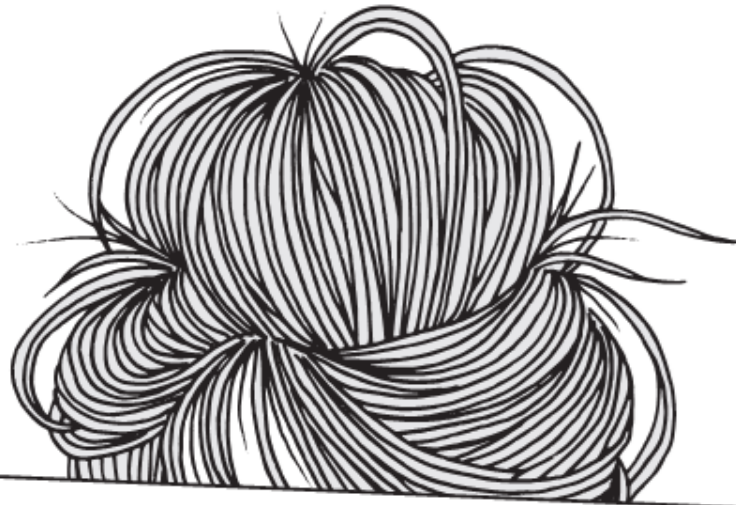




Discuss:

What are you
doing to reduce
your impact on
the planet?





Discuss:

What else could
you do to reduce
your impact
on the planet?

