



God  
rely fears  
mind confident  
peace  
confidence  
trust  
doubts  
loves

# Virtue of the Week – CONFIDENCE



“With realisation of one’s own potential and self confidence in one’s ability, one can build a better world.” (Dalai Lama)

You might be awarded a *confidence* virtue for doing things like:

- Getting straight to work, even when the work is challenging
- Answering questions in class
- Ignoring distractions



- ***You can do things without fears or doubts stopping you.***
- ***When you are confident in someone, you can trust and rely on them.***
- ***If you trust in God you have confidence that God loves you and watches over you.***
- ***Confidence brings peace of mind.***



# Virtue Sought

## Knowledge

- Before the holidays, I came into assemblies for Y7-10.
- I explained that the school was doing really well in 'virtue caught', following the virtuous example of other people, and 'virtue taught', learning about virtue in class.
- The next step is to move on to 'virtue sought', where we learn how to seek out opportunities to grow in virtue for ourselves.

## Reasoning

1. Is there a specific virtues project you'd like to see happen, take part in, or lead?
2. Is there a part of what we do in school you think could be made even better through virtues?
3. Would you like to host a Virtue Education form time session?
4. Is there a particular virtue you would like us all to focus on for any reason?

## Practice

- What would YOU as pupils of this school like to do to help yourselves, each other, and our whole community, to grow in virtue?
1. Complete this Google Form with ideas and suggestions from your form group!