



relief
good
something act
happiness
perform
kindness
feel care decide
think help comfort
tenderness

Virtue of the Week – KINDNESS



“Therefore, as we have opportunity, let us do good to all people...”
(Galatians 6:10)

You might be awarded a *kindness* virtue for doing things like:

- Helping fellow pupils and staff
- Showing love for one’s neighbour
- Supporting charity



- ***You think about other people, how they feel, and with tenderness you perform an act of care that brings happiness, relief or comfort.***
- ***You decide to do something good to help someone else, because you know it is the right thing to do.***



Holocaust Memorial Day

Knowledge

Chiune Sugihara. See the following slide to understand how this man personifies kindness.

Overview Video:

<https://www.youtube.com/watch?v=lyPKaEkp4QM>

Personal Story - Judith Elbaum Schumer Video:

<https://www.youtube.com/watch?v=mgR6dB9rpw8>

Reasoning

Some questions to facilitate a discussion about today's topic and virtue.

1. ...Why is being kind sometimes hard to do?
2. ...How can you show kindness to a friend today?
3. ...How can you show kindness to a stranger today?

Practice

Some very specific instructions on how to live out today's virtue via today's topic.

- * Do something nice for a friend or family member
- * Give someone a genuine compliment
- * Be a good listener

Did anyone try to save the Jews?

There were other people in Europe who risked a lot to help the Jews.

Chiune Sugihara was a Japanese diplomat in Lithuania. When the Germans invaded he was ordered to leave. Before he did, he was approached by local Jews asking for help. They needed visas to allow them to travel east and escape the occupation.

Sugihara was ordered not to issue the visas, but he ignored the order and provided between 2,100 and 3,500 travel documents. His actions saved thousands of lives. When he got home to Japan he was sacked and had to support his family by doing odd jobs.

