

7 North	Male learning Intentions set 1	Male learning Intentions set 2	Female learning Intentions set 1	Female learning Intentions set 2
	OAA	OAA	OAA	OAA
Lesson 1	<p>Outdoor Invasion strategy game. Capture the Flag: Work in small groups, analytic skills need to adjust team strategy to win.</p>	<p>Outdoor Invasion strategy game. Capture the Flag: Work in small groups, analytic skills need to adjust team strategy to win.</p>	<ul style="list-style-type: none"> <li>• INDOOR</li> <li>• <b>Travel puzzles: emphasis upon using planning time wisely.</b></li> <li>• Fox, grain, chicken</li> <li>• Stepping stones</li> </ul> <p>Working within certain time students have to work together quickly &amp; communicate this will all team members</p>	<ul style="list-style-type: none"> <li>• INDOOR</li> <li>• <b>Travel puzzles: emphasis upon using planning time wisely.</b></li> <li>• Fox, grain, chicken</li> <li>• Stepping stones</li> </ul> <p>Working within certain time students have to work together quickly &amp; communicate this will all team members</p>
Lesson 2	<ul style="list-style-type: none"> <li>• INDOOR</li> <li>• <b>Travel puzzles: emphasis upon using planning time wisely.</b></li> <li>• Fox, grain, chicken</li> <li>• Stepping stones</li> </ul> <p>Working within certain time students have to work together quickly &amp; communicate this will all team members</p>	<ul style="list-style-type: none"> <li>• INDOOR</li> <li>• <b>Travel puzzles: emphasis upon using planning time wisely.</b></li> <li>• Fox, grain, chicken</li> <li>• Stepping stones</li> </ul> <p>Working within certain time students have to work together quickly &amp; communicate this will all team members</p>	<p>Outdoor Invasion strategy game. Capture the Flag: Work in small groups, analytic skills need to adjust team strategy to win.</p>	<p>Outdoor Invasion strategy game. Capture the Flag: Work in small groups, analytic skills need to adjust team strategy to win.</p>
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Lesson 1	<p>Outdoor challenges</p> <p>Problem solving</p> <p>Puzzle tiles, Team worm:</p> <p>Thinking skills link them to the tactics in sport</p>	<p>Outdoor challenges</p> <p>Problem solving</p> <p>Puzzle tiles, Team worm:</p> <p>Thinking skills link them to the tactics in sport</p>	<p>INDOOR</p> <p>Bench games</p> <p>Find out each others names and stand in order on the bench</p> <p>Height order</p> <p>Age</p> <p>House number</p> <p>2<sup>nd</sup> games</p> <p>Carry the tennis ball balanced on a racket and get it in the bucket</p>	<p>INDOOR</p> <p>Bench games</p> <p>Find out each others names and stand in order on the bench</p> <p>Height order</p> <p>Age</p> <p>House number</p> <p>2<sup>nd</sup> games</p> <p>Carry the tennis ball balanced on a racket and get it in the bucket</p>

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Lesson 2	<p>INDOOR</p> <p>Bench games</p> <p>Find out each others names and stand in order on the bench</p> <p>Height order</p> <p>Age</p> <p>House number</p> <p>2<sup>nd</sup> games</p> <p>Carry the tennis ball balanced on a racket and get it in the bucket without dropping it. Have to start again if they do.</p>	<p>INDOOR</p> <p>Bench games</p> <p>Find out each others names and stand in order on the bench</p> <p>Height order</p> <p>Age</p> <p>House number</p> <p>2<sup>nd</sup> games</p> <p>Carry the tennis ball balanced on a racket and get it in the bucket without dropping it. Have to start again if they do.</p>	<p>Outdoor challenges</p> <p>Problem solving</p> <p>Puzzle tiles, Team worm:</p> <p>Thinking skills link them to the tactics in sport</p>	<p>Outdoor challenges</p> <p>Problem solving</p> <p>Puzzle tiles, Team worm:</p> <p>Thinking skills link them to the tactics in sport</p>
Lesson 3	<p>Outdoor Invasion strategy game.</p> <p>Capture the Flag:</p> <p>Work in larger groups, Think about specific roles within the group, analytic skills need to adjust team strategy to win.</p>	<p>Outdoor Invasion strategy game.</p> <p>Capture the Flag:</p> <p>Work in larger groups, Think about specific roles within the group, analytic skills need to adjust team strategy to win.</p>	<p>Indoor</p> <p>Hoola hoop games</p> <p>Hoop travels round the circle the fastest whilst arms are linked/ reverse/twice round</p> <p>Whole team travels through the hoop, think of ways to increase the speed</p> <p>Performing under pressure in a timed environment with larger groups.</p> <p>Sharing ideas with others, Importance of stopping and thinking about whether progress is being made. Appreciate small gains</p>	<p>Indoor</p> <p>Hoola hoop games</p> <p>Hoop travels round the circle the fastest whilst arms are linked/ reverse/twice round</p> <p>Whole team travels through the hoop, think of ways to increase the speed</p> <p>Performing under pressure in a timed environment with larger groups.</p> <p>Sharing ideas with others, Importance of stopping and thinking about whether progress is being made. Appreciate small gains</p>
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Lesson 2	<ul style="list-style-type: none"> <li>• Outdoor</li> <li>• Capture the flag maybe boys v girls</li> <li>• Introduce specific roles</li> <li>• Captain, chief of defenders, chief stealers.</li> </ul>	<ul style="list-style-type: none"> <li>• Outdoor</li> <li>• Capture the flag maybe boys v girls</li> <li>• Introduce specific roles</li> <li>• Captain, chief of defenders, chief stealers.</li> </ul>	<ul style="list-style-type: none"> <li>• Outdoor</li> <li>• Capture the flag maybe boys v girls</li> <li>• Introduce specific roles</li> <li>• Captain, chief of defenders, chief stealers.</li> </ul>	<ul style="list-style-type: none"> <li>• Outdoor</li> <li>• Capture the flag maybe boys v girls</li> <li>• Introduce specific roles</li> <li>• Captain, chief of defenders, chief stealers.</li> </ul>
	Cricket	Athletics	Rounders	Athletics
Lesson 1		Boys: Sprint technique & 100m	Describe the correct technique to perform a simple catch Catch the ball consistently when thrown from different heights/directions	Girls: Throwing tennis ball
Lesson 2		<ul style="list-style-type: none"> <li>• Boys: 200m Sprint &amp; sprint Start.</li> </ul>	<p>Distinguish difference between underarm and overarm throw techniques</p> <p>Recognise when and why either technique should be used</p>	<ul style="list-style-type: none"> <li>• Girls: measuring Tennis Ball</li> </ul>

Lesson 3		Boys: Throwing Tennis ball	Know the key points for correct batting stance Consistently adopt correct stance when batting	Girls: Sprint Technique & 100m
	Cricket	Athletics	Rounders	Athletics
Lesson 1		Boys: Measuring tennis ball	Know the aim/job of the fielding team and the different responsibilities each one has  Demonstrate the long barrier fielding technique in a practice situation	Girls: Sprint Start & 200m
Lesson 2		<ul style="list-style-type: none"> <li>Boys: Baton changing</li> </ul>	Perform basic bowling technique with correct technique from standing  Use two step "run up" when bowling  Use variety of speeds/heights of ball within the rules of the game	<ul style="list-style-type: none"> <li>Girls: Long Jump &amp; Triple jump technique</li> </ul>
	Cricket	Athletics	Rounders	Athletics
Lesson 1		Boys: Relay Races	Chase a rolling ball, stop and return it effectively in a practice  Observe and give feedback to another student  Perform the skill appropriately in the context of a game	Girls: Measure long jump & triple
Lesson 2		<ul style="list-style-type: none"> <li>Boys: Long &amp; triple Jump tech</li> </ul>	Games lesson:	<ul style="list-style-type: none"> <li>Girls: Baton changing technique</li> </ul>

			Focus upon rotations of players in different roles. Develop any tactics they have learnt.	
Lesson 3		<ul style="list-style-type: none"> <li>Boys: measure Long &amp; triple</li> </ul>	Games Lesson  Teams run themselves and make tactical decisions based upon how the other team play.	<ul style="list-style-type: none"> <li>Girls: baton Relay races</li> </ul>
	Athletics	Softball	Athletics	Cricket
Lesson 1	Boys: Sprint technique & 100m		Girls: Throwing tennis ball	
Lesson 2	<ul style="list-style-type: none"> <li>Boys: 200m Sprint &amp; sprint Start.</li> </ul>		<ul style="list-style-type: none"> <li>Girls: measuring Tennis Ball</li> </ul>	
	Athletics	Softball	Athletics	Cricket
Lesson 1	Boys: Throwing Tennis ball		Girls: Sprint Technique & 100m	
Lesson 2	Boys: Measuring tennis ball		Girls: Sprint Start & 200m	
Lesson 3	<ul style="list-style-type: none"> <li>Boys: Baton changing &amp; relay race</li> </ul>		<ul style="list-style-type: none"> <li>Girls: Long Jump &amp; Triple jump technique</li> </ul>	
	Athletics	Softball	Athletics	Cricket
Lesson 1	<ul style="list-style-type: none"> <li>Boys: Long &amp; triple Jump tech</li> </ul>		Girls: Measure long jump & triple	
Lesson 2	<ul style="list-style-type: none"> <li>Boys: measure Long &amp; triple</li> </ul>		<ul style="list-style-type: none"> <li>Girls: Baton changing technique &amp; relay race</li> </ul>	
	Softball	Cricket	Cricket	Rounders
Lesson 1				Describe the correct technique to perform a simple catch Catch the ball consistently when thrown from different

				heights/directions
Lesson 2				Distinguish difference between underarm and overarm throw techniques  Recognise when and why either technique should be used
Lesson 3				Know the key points for correct batting stance Consistently adopt correct stance when batting
	Softball	cricket	Cricket	Rounders
Lesson 1				Know the aim/job of the fielding team and the different responsibilities each one has  Demonstrate the long barrier fielding technique in a practice situation
Lesson 2				Perform basic bowling technique with correct technique from standing  Use two step "run up" when bowling  Use variety of speeds/heights of ball within the rules of the game
	Softball	Cricket	Cricket	Rounders
Lesson 1				Chase a rolling ball, stop and return it effectively in a practice

				<p>Observe and give feedback to another student</p> <p>Perform the skill appropriately in the context of a game</p>
Lesson 2				<p>Games lesson:</p> <p>Focus upon rotations of players in different roles.</p> <p>Develop any tactics they have learnt.</p>
Lesson 3				<p>Games lesson:</p> <p>Playing to win.</p> <p>Team captains</p> <p>Teams make tactical decisions.</p>