

## **BTEC Tech award in Sport**

### **Preparing Participants to Take Part in Sport and Physical Activity**

Internal – externally moderated

#### Learning outcomes

- A - Explore types and provision of sport and physical activity for different types of participant
- B - Examine equipment and technology required for participants to use when taking part in sport and physical activity
- C - Be able to prepare participants to take part in sport and physical activity.

### **Taking Part and Improving Other Participants Sporting Performance**

Internal – externally moderated

#### Learning outcomes

- A - Understand how different components of fitness are used in different physical activities
- B - Be able to participate in sport and understand the roles and responsibilities of officials
- C - Demonstrate ways to improve participants sporting techniques.

### **Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity**

External Synoptic

External assessment set and marked by Pearson, completed under supervised conditions. The assessment will be completed in **1.5 hours** within the period timetabled by Pearson.

**60 marks.**

#### Assessment objectives

- AO1 - Demonstrate knowledge of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise
- AO2 - Demonstrate an understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise
- AO3 - Apply an understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise
- AO4 - Make connections with concepts, facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise