



God
rely fears
mind confident
peace
confidence
trust
doubts
loves

Virtue of the Week – CONFIDENCE



“I can do all this through Him who gives me strength.”
(Philippians 4:13)

You might be awarded a *confidence* virtue for doing things like:

- Getting straight to work, even when the work is challenging
- Answering questions in class
- Ignoring distractions



- ***You can do things without fears or doubts stopping you.***
- ***When you are confident in someone, you can trust and rely on them.***
- ***If you trust in God you have confidence that God loves you and watches over you.***
- ***Confidence brings peace of mind.***



Holy Family Fun Run!

Knowledge

A couple of months ago, I spoke to you about the importance of knowing and being able to give CPR to someone when they need it. The next step after CPR is using a [defibrillator](#).

As a school we are going to raise money to buy one for our school community, we need to have the confidence in one another that we can raise £1000 to buy one; WE NEED YOUR HELP!

Reasoning

- 1. Confidence helps all aspects of life, how has having confidence helped you before?*
- 2. Why do you think having confidence in yourself, and in others, is a good virtue to have?*
- 3. What affects can having confidence have on different aspects of your life?*

Practice

Take part in The Holy Family Fun Run!

The run will take place in the afternoon of Monday 18th July.

There will be sign up sheets in form time from next week.

If all students took part and was sponsored/donated just £1, we would already raise £900, how amazing would that be! You could play a part in saving someone's life!





