

7 South	Male learning Intentions set 1	Male learning Intentions set 2	Female learning Intentions set 1	Female learning Intentions set 2
	OAA	OAA	OAA	OAA
Lesson 1	<p>Outdoor Invasion strategy game. Capture the Flag: Work in small groups, analytic skills need to adjust team strategy to win.</p>	<p>Outdoor Invasion strategy game. Capture the Flag: Work in small groups, analytic skills need to adjust team strategy to win.</p>	<ul style="list-style-type: none"> <li>• INDOOR</li> <li>• <b>Travel puzzles: emphasis upon using planning time wisely.</b></li> <li>• Fox, grain, chicken</li> <li>• Stepping stones</li> </ul> <p>Working within certain time students have to work together quickly &amp; communicate this will all team members</p>	<ul style="list-style-type: none"> <li>• INDOOR</li> <li>• <b>Travel puzzles: emphasis upon using planning time wisely.</b></li> <li>• Fox, grain, chicken</li> <li>• Stepping stones</li> </ul> <p>Working within certain time students have to work together quickly &amp; communicate this will all team members</p>
Lesson 2	<ul style="list-style-type: none"> <li>• INDOOR</li> <li>• <b>Travel puzzles: emphasis upon using planning time wisely.</b></li> <li>• Fox, grain, chicken</li> <li>• Stepping stones</li> </ul> <p>Working within certain time students have to work together quickly &amp; communicate this will all team members</p>	<ul style="list-style-type: none"> <li>• INDOOR</li> <li>• <b>Travel puzzles: emphasis upon using planning time wisely.</b></li> <li>• Fox, grain, chicken</li> <li>• Stepping stones</li> </ul> <p>Working within certain time students have to work together quickly &amp; communicate this will all team members</p>	<p>Outdoor Invasion strategy game. Capture the Flag: Work in small groups, analytic skills need to adjust team strategy to win.</p>	<p>Outdoor Invasion strategy game. Capture the Flag: Work in small groups, analytic skills need to adjust team strategy to win.</p>
Lesson 3	<p>Outdoor challenges Problem solving Puzzle tiles, Team worm: Thinking skills link them to the tactics in sport</p>	<p>Outdoor challenges Problem solving Puzzle tiles, Team worm: Thinking skills link them to the tactics in sport</p>	<p>INDOOR Bench games Find out each other's names and stand in order on the bench Height order Age House number 2<sup>nd</sup> games Carry the tennis ball balanced on a racket and get it in the bucket</p>	<p>INDOOR Bench games Find out each other's names and stand in order on the bench Height order Age House number 2<sup>nd</sup> games Carry the tennis ball balanced on a racket and get it in the bucket without</p>

			without dropping it. Have to start again if they do.	dropping it. Have to start again if they do.
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Lesson 1	<p>INDOOR</p> <p>Bench games</p> <p>Find out each others names and stand in order on the bench</p> <p>Height order</p> <p>Age</p> <p>House number</p> <p>2<sup>nd</sup> games</p> <p>Carry the tennis ball balanced on a racket and get it in the bucket without dropping it. Have to start again if they do.</p>	<p>INDOOR</p> <p>Bench games</p> <p>Find out each others names and stand in order on the bench</p> <p>Height order</p> <p>Age</p> <p>House number</p> <p>2<sup>nd</sup> games</p> <p>Carry the tennis ball balanced on a racket and get it in the bucket without dropping it. Have to start again if they do.</p>	<p>Outdoor challenges</p> <p>Problem solving</p> <p>Puzzle tiles, Team worm:</p> <p>Thinking skills link them to the tactics in sport</p>	<p>Outdoor challenges</p> <p>Problem solving</p> <p>Puzzle tiles, Team worm:</p> <p>Thinking skills link them to the tactics in sport</p>
Lesson 2	<p>Outdoor Invasion strategy game.</p> <p>Capture the Flag:</p> <p>Work in larger groups, Think about specific roles within the group, analytic skills need to adjust team strategy to win</p>	<p>Outdoor Invasion strategy game.</p> <p>Capture the Flag:</p> <p>Work in larger groups, Think about specific roles within the group, analytic skills need to adjust team strategy to win</p>	<p>Indoor</p> <p>Hoola hoop games</p> <p>Hoop travels round the circle the fastest whilst arms are linked/ reverse/twice round</p> <p>Whole team travels through the hoop, think of ways to increase the speed</p> <p>Performing under pressure in a timed environment with larger groups.</p> <p>Sharing ideas with others, Importance of stopping and thinking about whether progress is being made. Appreciate small gains</p>	<p>Indoor</p> <p>Hoola hoop games</p> <p>Hoop travels round the circle the fastest whilst arms are linked/ reverse/twice round</p> <p>Whole team travels through the hoop, think of ways to increase the speed</p> <p>Performing under pressure in a timed environment with larger groups.</p> <p>Sharing ideas with others, Importance of stopping and thinking about whether progress is being made. Appreciate small gains</p>

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Lesson 1	<ul style="list-style-type: none"> <li>Outdoor</li> <li>Capture the flag</li> <li>Introduce specific roles</li> <li>Captain, chief of defenders, chief stealers.</li> </ul>	<ul style="list-style-type: none"> <li>Outdoor</li> <li>Capture the flag</li> <li>Introduce specific roles</li> <li>Captain, chief of defenders, chief stealers.</li> </ul>	<ul style="list-style-type: none"> <li>Blind Fold Challenges</li> </ul> <p>Students guide their partners through a series of cones and try get the fastest time</p>	<ul style="list-style-type: none"> <li>Blindfold challenges</li> </ul> <p>Students guide their partners through a series of cones and try get the fastest time</p>
Lesson 2	<ul style="list-style-type: none"> <li>Blind Fold Challenges</li> </ul> <p>Students guide their partners through a series of cones and try get the fastest time</p>	<ul style="list-style-type: none"> <li>Blindfold challenges</li> </ul> <p>Students guide their partners through a series of cones and try get the fastest time</p>	<ul style="list-style-type: none"> <li>Outdoor</li> <li>Capture the flag</li> <li>Introduce specific roles</li> <li>Captain, chief of defenders, chief stealers.</li> </ul>	<ul style="list-style-type: none"> <li>Outdoor</li> <li>Capture the flag</li> <li>Introduce specific roles</li> <li>Captain, chief of defenders, chief stealers.</li> </ul>
Lesson 3	<p>Capture the flag Boys v Girls Tournament</p> <p>Number of games going on at once</p>	<p>Capture the flag Boys v Girls Tournament</p> <p>Number of games going on at once</p>	<p>Capture the flag Boys v Girls Tournament</p> <p>Number of games going on at once</p>	<p>Capture the flag Boys v Girls Tournament</p> <p>Number of games going on at once</p>
	Cricket	Athletics	Rounders	Athletics
Lesson 1	<p>Describe the Teaching Points of the low and high catch. Apply the Teaching Points in a practice situation. Reflect on what you did well and what you can improve upon.</p>	<p>Boys: Sprint technique &amp; 100m</p>	<p>Describe the correct technique to perform a simple catch Catch the ball consistently when thrown from different heights/directions</p>	<p>Girls: Throwing tennis ball</p>

Lesson 2	Describe the Teaching Points of the Long Barrier. Apply the Teaching Points in a practice situation. Reflect on what you did well and what you can improve upon.	<ul style="list-style-type: none"> <li>Boys: 200m Sprint &amp; sprint Start.</li> </ul>	Distinguish difference between underarm and overarm throw techniques  Recognise when and why either technique should be used	<ul style="list-style-type: none"> <li>Girls: measuring Tennis Ball</li> </ul>
	Cricket	Athletics	Rounders	Athletics
Lesson 1	Describe the Teaching Points of the Bowling Action Apply the Teaching Points in a practice situation. Reflect on what you did well and what you can improve upon.	Boys: Throwing Tennis ball	Know the key points for correct batting stance Consistently adopt correct stance when batting	Girls: Sprint Technique & 100m
Lesson 2	Describe the Teaching Points of the batting grip and stance. Apply the Teaching Points in a practice situation. Reflect on what you did well and what you can improve upon.	Boys: Measuring tennis ball	Know the aim/job of the fielding team and the different responsibilities each one has  Demonstrate the long barrier fielding technique in a practice situation	Girls: Sprint Start & 200m
Lesson 3	Describe the Teaching Points of both batting and bowling. Apply the Teaching Points in a practice situation. Reflect on what you did well and what you can improve upon.	<ul style="list-style-type: none"> <li>Boys: Baton changing</li> </ul>	Perform basic bowling technique with correct technique from standing  Use two step "run up" when bowling  Use variety of speeds/heights of ball within the rules of the game	<ul style="list-style-type: none"> <li>Girls: Long Jump &amp; Triple jump technique</li> </ul>
	Cricket	Athletics	Rounders	Athletics
Lesson 1	Describe the skills required to participate in a small sided games.	Boys: Relay Races	Chase a rolling ball, stop and return it effectively in a practice	Girls: Measure long jump & triple

	<p>Apply the skills in a small sided game.</p> <p>Analyse your performance over the 6 Lessons and identify your strengths and Areas for improvement.</p>		<p>Observe and give feedback to another student</p> <p>Perform the skill appropriately in the context of a game</p>	
Lesson 2	<p>Assessment Lesson &amp; Competition.</p> <p>Students to apply and evaluate strategies for bowling, batting &amp; Fielding.</p>	<ul style="list-style-type: none"> <li>Boys: Long &amp; triple Jump tech &amp; measure</li> </ul>	<p>Games lesson:</p> <p>Focus upon rotations of players in different roles.</p> <p>Develop any tactics they have learnt.</p>	<p>Girls: Baton changing technique &amp; Races</p>
	Athletics	Softball	Athletics	Cricket
Lesson 1	Boys: Sprint technique & 100m		Girls: Throwing tennis ball	<p>Describe the Teaching Points of the low and high catch.</p> <p>Apply the Teaching Points in a practice situation.</p> <p>Reflect on what you did well and what you can improve upon.</p>
Lesson 2	<ul style="list-style-type: none"> <li>Boys: 200m Sprint &amp; sprint Start.</li> </ul>		Girls: measuring Tennis Ball	<p>Describe the Teaching Points of the Long Barrier.</p> <p>Apply the Teaching Points in a practice situation.</p> <p>Reflect on what you did well and what you can improve upon.</p>
Lesson 3	Boys: Throwing Tennis ball		Girls: Sprint Technique & 100m	<p>Describe the Teaching Points of the Bowling Action</p> <p>Apply the Teaching Points in a practice situation.</p> <p>Reflect on what you did well and what you can improve upon.</p>

	Athletics	Softball	Athletics	Cricket
Lesson 1	Boys: Measuring tennis ball		Girls: Sprint Start & 200m	Describe the Teaching Points of the batting grip and stance. Apply the Teaching Points in a practice situation. Reflect on what you did well and what you can improve upon.
Lesson 2	<ul style="list-style-type: none"> <li>Boys: Baton changing</li> </ul>		Girls: Long Jump & Triple jump technique	Describe the Teaching Points of both batting and bowling. Apply the Teaching Points in a practice situation. Reflect on what you did well and what you can improve upon.
	Athletics	Softball	Athletics	Cricket
Lesson 1	Boys: Relay Races		Girls: Measure long jump & triple	Describe the skills required to participate in a small sided games. Apply the skills in a small sided game.  Analyse your performance over the 6 Lessons and identify your strengths and areas for improvement.
Lesson 2	<ul style="list-style-type: none"> <li>Boys: Long &amp; triple Jump tech</li> </ul>		Girls: Baton changing technique	Assessment Lesson & Competition. Students to apply and evaluate strategies for bowling, batting & Fielding.
Lesson 3	<ul style="list-style-type: none"> <li>Boys: measure Long &amp; triple</li> </ul>		Girls: Relay Races	Assessment Lesson & Competition. Students to apply and evaluate strategies for bowling, batting & Fielding.
	Softball	Cricket	Cricket	Rounders
Lesson 1		Describe the Teaching Points of the low and high catch.	Describe the Teaching Points of the low and high catch.	Describe the correct technique to perform a simple catch

		Apply the Teaching Points in a practice situation. Reflect on what you did well and what you can improve upon.	Apply the Teaching Points in a practice situation. Reflect on what you did well and what you can improve upon.	Catch the ball consistently when thrown from different heights/directions
Lesson 2		Describe the Teaching Points of the Long Barrier. Apply the Teaching Points in a practice situation. Reflect on what you did well and what you can improve upon.	Describe the Teaching Points of the Long Barrier. Apply the Teaching Points in a practice situation. Reflect on what you did well and what you can improve upon.	Distinguish difference between underarm and overarm throw techniques  Recognise when and why either technique should be used
	Softball	Cricket	Cricket	Rounders
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Lesson 2		Describe the Teaching Points of the batting grip and stance. Apply the Teaching Points in a practice situation. Reflect on what you did well and what you can improve upon.	Describe the Teaching Points of the batting grip and stance. Apply the Teaching Points in a practice situation. Reflect on what you did well and what you can improve upon.	Know the aim/job of the fielding team and the different responsibilities each one has  Demonstrate the long barrier fielding technique in a practice situation
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	Softball	Cricket	Cricket	Rounders
Lesson 1		<p>Describe the skills required to participate in a small sided games. Apply the skills in a small sided game.</p> <p>Analyse your performance over the 6 Lessons and identify your strengths and areas for improvement.</p>	<p>Describe the skills required to participate in a small sided games. Apply the skills in a small sided game.</p> <p>Analyse your performance over the 6 Lessons and identify your strengths and areas for improvement.</p>	<p>Chase a rolling ball, stop and return it effectively in a practice</p> <p>Observe and give feedback to another student</p> <p>Perform the skill appropriately in the context of a game</p>
Lesson 2		<p>Assessment Lesson &amp; Competition. Students to apply and evaluate strategies for bowling, batting &amp; Fielding.</p>	<p>Assessment Lesson &amp; Competition. Students to apply and evaluate strategies for bowling, batting &amp; Fielding.</p>	<p>Games lesson:</p> <p>Focus upon rotations of players in different roles.</p> <p>Develop any tactics they have learnt.</p>