

8 South	Male learning Intentions set 1	Male learning Intentions set 2	Female learning Intentions set 1	Female learning Intentions set 2
	OAA	OAA	OAA	OAA
Lesson 1	Outdoor Tag/relay game One team in a square with tags on (TAG team), One team lined up along one edge of the square(chasers). X1 one at a time the chaser come in and try steal a tag, when they've done that they join back of que this repeats until all the Tags are out. Chasers need to strategize how to beat their time and get all the tag team out.	Outdoor Tag/relay game One team in a square with tags on (TAG team), One team lined up along one edge of the square(chasers). X1 one at a time the chaser come in and try steal a tag, when they've done that they join back of que this repeats until all the Tags are out. Chasers need to strategize how to beat their time and get all the tag team out.	Indoor: Hoola hoop games working as a team to beat the others: how to react faster which square is best to go to first, order of play. Noughts & Crosses Rock Paper Scissors	Indoor: Hoola hoop games working as a team to beat the others: how to react faster which square is best to go to first, order of play. Noughts & Crosses Rock Paper Scissors
Lesson 2	Indoor: Hoola hoop games working as a team to beat the others: how to react faster which square is best to go to first, order of play. Noughts & Crosses Rock Paper Scissors	Indoor: Hoola hoop games working as a team to beat the others: how to react faster which square is best to go to first, order of play. Noughts & Crosses Rock Paper Scissors	Outdoor Tag/relay game One team in a square with tags on (TAG team), One team lined up along one edge of the square(chasers). X1 one at a time the chaser come in and try steal a tag, when they've done that they join back of que this repeats until all the Tags are out. Chasers need to strategize how to beat their time and get all the tag team out.	Outdoor Tag/relay game One team in a square with tags on (TAG team), One team lined up along one edge of the square(chasers). X1 one at a time the chaser come in and try steal a tag, when they've done that they join back of que this repeats until all the Tags are out. Chasers need to strategize how to beat their time and get all the tag team out.
Lesson 3	Outdoor Capture the Flag Introduce the Jail Remind them of roles responsibilities Increase the size of the area e.g. top pitch and bottom pitch.	Outdoor Capture the Flag Introduce the Jail Remind them of roles responsibilities Increase the size of the area e.g. top pitch and bottom pitch.	Indoor: Trust games Blind fold games Sheep Pen students Develop listening skills, verbal skills importance of keeping instructions simple.	Indoor: Trust games Blind fold games Sheep Pen students Develop listening skills, verbal skills importance of keeping instructions simple.
	OAA	OAA	OAA	OAA
Lesson 1	Indoor: Trust games	Indoor: Trust games	Outdoor Capture the Flag Introduce the Jail	Outdoor Capture the Flag Introduce the Jail

	Blind fold games Sheep Pen students Develop listening skills, verbal skills importance of keeping instructions simple.	Blind fold games Sheep Pen students Develop listening skills, verbal skills importance of keeping instructions simple.	Remind them of roles responsibilities Increase the size of the area e.g. top pitch and bottom pitch.	Remind them of roles responsibilities Increase the size of the area e.g. top pitch and bottom pitch.
Lesson 2	<ul style="list-style-type: none"> Outdoor: capture the Flag 4 corner version Makes the game faster and students have to be hyper vigilant. 	<ul style="list-style-type: none"> Outdoor: capture the Flag 4 corner version Makes the game faster and students have to be hyper vigilant. 	<ul style="list-style-type: none"> Indoor: Blind fold games cont: Look at getting team mates across a mine field of cones. 	<ul style="list-style-type: none"> Indoor: Blind fold games cont: Look at getting team mates across a mine field of cones.
	OAA	OAA	OAA	OAA
Lesson 1	<ul style="list-style-type: none"> Indoor: Blind fold games cont: Look at getting team mates across a mine field of cones. 	<ul style="list-style-type: none"> Indoor: Blind fold games cont: Look at getting team mates across a mine field of cones. 	<ul style="list-style-type: none"> Outdoor: capture the Flag 4 corner version Makes the game faster and students have to be hyper vigilant. 	<ul style="list-style-type: none"> Outdoor: capture the Flag 4 corner version Makes the game faster and students have to be hyper vigilant.
Lesson 2	Indoor/back of sports hall: Mixed Gender teams River crossing: Using a bench/mat/ hoola hoop. Students work as a team to get across the sports hall. If they touch the floor they have to start again	Indoor/back of sports hall: Mixed Gender teams River crossing: Using a bench/mat/ hoola hoop. Students work as a team to get across the sports hall. If they touch the floor they have to start again	Indoor/back of sports hall: Mixed Gender teams River crossing: Using a bench/mat/ hoola hoop. Students work as a team to get across the sports hall. If they touch the floor they have to start again	Indoor/back of sports hall: Mixed Gender teams River crossing: Using a bench/mat/ hoola hoop. Students work as a team to get across the sports hall. If they touch the floor they have to start again

Lesson 3	<p>Capture Flag</p> <p>Mixed Gender or boys v Girls</p> <p>Focus can they work together to be successful</p>	<p>Capture Flag</p> <p>Mixed Gender or boys v Girls</p> <p>Focus can they work together to be successful</p>	<p>Capture Flag</p> <p>Mixed Gender or boys v Girls</p> <p>Focus can they work together to be successful</p>	<p>Capture Flag</p> <p>Mixed Gender or boys v Girls</p> <p>Focus can they work together to be successful</p>
	Cricket	Athletics	Rounders	Athletics
Lesson 1	<p>Perform a range of fielding techniques including the long barrier.</p> <p>Apply fielding techniques to a pairs cricket game.</p> <p>Evaluate own and others fielding performances.</p>	Boys: Pacing lesson & 800m	Demonstrate an appropriate Ready Position and Long Barrier.	Girls: javelin
Lesson 2	<p>Describe the basic teaching points for batting, including both attacking & defensive shots.</p> <p>Apply teaching points to drills and a paired cricket game.</p> <p>Evaluate own and others batting technique and performance.</p>	Boys: 100m Sprint start & tech	Discus rules to bowling and identify effective technique	Girls: measure javelin
	Cricket	Athletics	Rounders	Athletics
Lesson 1	<p>Perform different ways to run a batter out.</p> <p>Apply techniques to drills and a paired cricket game.</p> <p>Evaluate own and others performance.</p>	Boys: javelin	<p>Speed between bases.</p> <p>Recognise how to adjust body position for balls delivered at different heights in small group practices</p>	Girls: Pacing lesson & 600m
Lesson 2	Define and demonstrate the bowling technique	Boys: measure Javelin	Perform a conditioned practice in a small group demonstrating	Girls: 100m Sprint start & tech

	<p>Apply bowling technique to non-competitive and competitive situations.</p> <p>Reflect on performance and suggest ways to improve.</p>		<p>previously learned skills of bowling and batting</p> <p>Show and discuss judgement in running between posts</p>	
Lesson 3	<p>Define the importance of communication when batting.</p> <p>Apply techniques discussed to paired cricket game</p> <p>Reflect on performance and suggest ways to improve</p>	Boys: Baton Change over	<p>A good fielder:</p> <p>Look at decision making</p> <p>Speed in the field and reaction time.</p>	Girls: Shot Put
	Cricket	Athletics	Rounders	Athletics
Lesson 1	<p>Describe the tactics used to be successful in cricket.</p> <p>Apply tactics discussed to your team's game.</p> <p>Evaluate team's performance and whether or not tactics were successful</p>	Boys: Relay races	<p>Game Play:</p> <p>Have 3 small teams: x1 batting team x1 inner field team x1 deep field team</p> <p>Help students understand the differences between inner fielding roles and deep field how they can support each other.</p>	Girls: 100m Sprint start & tech
Lesson 2	<p>Assessment Lesson & Competition. Evaluate the strengths & weaknesses of each team's bowling, batting & Fielding.</p>	Boys: Shot Put & measure	<p>Tournaments:</p> <p>Team captains x1 fielding captain x1 batting captain on each team</p>	Girls: Shot Put & Measure
	Athletics	Softball	Athletics	Cricket
Lesson 1	Boys: Pacing lesson & 800m		Girls: javelin	<p>Perform a range of fielding techniques including the long barrier.</p> <p>Apply fielding techniques to a pairs cricket game.</p> <p>Evaluate own and others fielding performances.</p>

Lesson 2	Boys: 100m Sprint start & tech		Girls: measure javelin	Describe the basic teaching points for batting, including both attacking & defensive shots. Apply teaching points to drills and a paired cricket game. Evaluate own and others batting technique and performance.
Lesson 3	Boys: javelin		Girls: Pacing lesson & 600m	Perform different ways to run a batter out. Apply techniques to drills and a paired cricket game. Evaluate own and others performance.
	Athletics	Softball	Athletics	Cricket
Lesson 1	Boys: javelin		Girls: 100m Sprint start & tech	Define and demonstrate the bowling technique Apply bowling technique to non-competitive and competitive situations. Reflect on performance and suggest ways to improve.
Lesson 2	Boys: measure Javelin		Girls: Shot Put	Define the importance of communication when batting. Apply techniques discussed to paired cricket game Reflect on performance and suggest ways to improve
	Athletics	Softball	Athletics	Cricket

Lesson 1	Boys: Baton Change over		Girls: measure Shot Put	Describe the tactics used to be successful in cricket. Apply tactics discussed to your team's game. Evaluate team's performance and whether or not tactics were successful
Lesson 2	Boys: Relay races		Girls: baton change overs	Assessment Lesson & Competition. Evaluate the strengths & weaknesses of each team's bowling, batting & Fielding.
Lesson 3	Boys: Shot Put & Measure		Girls: relay Races	Assessment Lesson & Competition. Evaluate the strengths & weaknesses of each team's bowling, batting & Fielding.
	Softball	Cricket	Cricket	Rounders
Lesson 1		Perform a range of fielding techniques including the long barrier. Apply fielding techniques to a pairs cricket game. Evaluate own and others fielding performances.	Perform a range of fielding techniques including the long barrier. Apply fielding techniques to a pairs cricket game. Evaluate own and others fielding performances.	Demonstrate an appropriate Ready Position and Long Barrier.
Lesson 2		Describe the basic teaching points for batting, including both attacking & defensive shots. Apply teaching points to drills and a paired cricket game. Evaluate own and others batting technique and performance.	Describe the basic teaching points for batting, including both attacking & defensive shots. Apply teaching points to drills and a paired cricket game. Evaluate own and others batting technique and performance.	Discuss rules to bowling and identify effective technique
	Softball	Cricket	Cricket	Rounders
Lesson 1		Perform different ways to run a batter out.	Perform different ways to run a batter out.	Speed between bases.

		Apply techniques to drills and a paired cricket game. Evaluate own and others performance.	Apply techniques to drills and a paired cricket game. Evaluate own and others performance.	Recognise how to adjust body position for balls delivered at different heights in small group practices
Lesson 2		Define and demonstrate the bowling technique Apply bowling technique to non-competitive and competitive situations. Reflect on performance and suggest ways to improve.	Define and demonstrate the bowling technique Apply bowling technique to non-competitive and competitive situations. Reflect on performance and suggest ways to improve.	Perform a conditioned practice in a small group demonstrating previously learned skills of bowling and batting Show and discuss judgement in running between posts
Lesson 3		Define the importance of communication when batting. Apply techniques discussed to paired cricket game Reflect on performance and suggest ways to improve	Define the importance of communication when batting. Apply techniques discussed to paired cricket game Reflect on performance and suggest ways to improve	A good fielder: Look at decision making Speed in the field and reaction time.
	Softball	Cricket	Cricket	Rounders
Lesson 1		Describe the tactics used to be successful in cricket. Apply tactics discussed to your team's game. Evaluate team's performance and whether or not tactics were successful	Describe the tactics used to be successful in cricket. Apply tactics discussed to your team's game. Evaluate team's performance and whether or not tactics were successful	Game Play: Have 3 small teams: x1 batting team x1 inner field team x1 deep field team Help students understand the differences between inner fielding roles and deep field how they can support each other.
Lesson 2		Assessment Lesson & Competition. Evaluate the strengths &	Assessment Lesson & Competition. Evaluate the strengths &	Tournaments:

		weaknesses of each team's bowling, batting & Fielding.	weaknesses of each team's bowling, batting & Fielding.	Team captains x1 fielding captain x1 batting captain on each team
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