

9 North & South	Male learning Intentions set 1	Male learning Intentions set 2	Female learning Intentions set 1	Female learning Intentions set 2
Week 27	OAA	OAA	OAA	OAA
Lesson 1	<p>Outdoor Obstacle course: Students and tied together at the ankle using ties/skip rope in groups minimum of 4 They have to navigate the obstacle course using/benches/tyres/hoops/under the barrier</p>	<p>Outdoor Obstacle course: Students and tied together at the ankle using ties/skip rope in groups minimum of 4 They have to navigate the obstacle course using/benches/tyres/hoops/under the barrier</p>	<ul style="list-style-type: none"> <li>Indoor:</li> </ul> <p>Trust games Blind fold games Obstacle course: Using benches, mats, cones, navigate way across the hall. Time their run and add tasks along the way Can set them tasks to do e.g. get the Bball into the hula hoop, kick the football into the goal. Try non verbal= students create own system. Develop listening skills, verbal skills importance of keeping instructions simple.</p>	<ul style="list-style-type: none"> <li>Indoor:</li> </ul> <p>Trust games Blind fold games Obstacle course: Using benches, mats, cones, navigate way across the hall. Time their run and add tasks along the way Can set them tasks to do e.g. get the Bball into the hula hoop, kick the football into the goal. Try non verbal= students create own system. Develop listening skills, verbal skills importance of keeping instructions simple.</p>
Lesson 2	<ul style="list-style-type: none"> <li>Indoor:</li> </ul> <p>Trust games Blind fold games Obstacle course: Using benches, mats, cones, navigate way across the hall. Time their run and add tasks along the way Can set them tasks to do e.g. get the Bball into the hula hoop, kick the football into the goal. Try non-verbal= students create own system. Develop listening skills, verbal skills importance of keeping instructions simple.</p>	<ul style="list-style-type: none"> <li>Indoor:</li> </ul> <p>Trust games Blind fold games Obstacle course: Using benches, mats, cones, navigate way across the hall. Time their run and add tasks along the way Can set them tasks to do e.g. get the Bball into the hula hoop, kick the football into the goal. Try non-verbal= students create own system. Develop listening skills, verbal skills importance of keeping instructions simple.</p>	<p>Outdoor Obstacle course: Students and tied together at the ankle using ties/skip rope in groups minimum of 4 They have to navigate the obstacle course using/benches/tyres/hoops/under the barrier</p>	<p>Outdoor Obstacle course: Students and tied together at the ankle using ties/skip rope in groups minimum of 4 They have to navigate the obstacle course using/benches/tyres/hoops/under the barrier</p>
Wk28	OAA	OAA	OAA	OAA
Lesson 1	<ul style="list-style-type: none"> <li>Outdoor</li> </ul> <p>Capture the Flag:</p>	<ul style="list-style-type: none"> <li>Outdoor</li> </ul> <p>Capture the Flag:</p>	<ul style="list-style-type: none"> <li>Indoor</li> </ul>	<ul style="list-style-type: none"> <li>Indoor</li> </ul>

	<p>Increase the playing area to top and bottom field. Teams have to work on stealth. As its harder to see the opposition coming</p>	<p>Increase the playing area to top and bottom field. Teams have to work on stealth. As its harder to see the opposition coming</p>	<p>End ball: using the benches try to get the ball to roll down the bench to the other side River crossing: Using tyres, benches mats Get your team to the other side. Focus upon speed as should build on knowledge from before.</p>	<p>End ball: using the benches try to get the ball to roll down the bench to the other side River crossing: Using tyres, benches mats Get your team to the other side. Focus upon speed as should build on knowledge from before.</p>
Lesson 2	<ul style="list-style-type: none"> <li>Indoor</li> </ul> <p>End ball: using the benches try to get the ball to roll down the bench to the other side River crossing: Using tyres, benches mats Get your team to the other side. Focus upon speed as should build on knowledge from before.</p>	<ul style="list-style-type: none"> <li>Indoor</li> </ul> <p>End ball: using the benches try to get the ball to roll down the bench to the other side River crossing: Using tyres, benches mats Get your team to the other side. Focus upon speed as should build on knowledge from before.</p>	<ul style="list-style-type: none"> <li>Outdoor</li> </ul> <p>Capture the Flag: Increase the playing area to top and bottom field. Teams have to work on stealth. As its harder to see the opposition coming</p>	<ul style="list-style-type: none"> <li>Outdoor</li> </ul> <p>Capture the Flag: Increase the playing area to top and bottom field. Teams have to work on stealth. As its harder to see the opposition coming</p>
Wk29	OAA	OAA	OAA	OAA
Lesson 1	<ul style="list-style-type: none"> <li>Outdoor</li> <li>Capture the Flag</li> </ul> <p>Re-match games discussion on how to be better than the opposition. Team work to capture the flag in a faster time.</p>	<ul style="list-style-type: none"> <li>Outdoor</li> <li>Capture the Flag</li> </ul> <p>Re-match games discussion on how to be better than the opposition. Team work to capture the flag in a faster time.</p>	<p>Blind fold session: Skipping rope tied together all the blind folded students hold the rope standing close together. The leader has to try and describe a shape and instruct the team to make the shape. Rock paper scissors hula hoop game.</p>	<p>Blind fold session: Skipping rope tied together all the blind folded students hold the rope standing close together. The leader has to try and describe a shape and instruct the team to make the shape. Rock paper scissors hula hoop game.</p>
Lesson 2	<p>Blind fold session: Skipping rope tied together all the blind folded students hold the rope standing close together. The leader has to try and describe a shape and instruct the team to make the shape. Rock paper scissors hula hoop game.</p>	<p>Blind fold session: Skipping rope tied together all the blind folded students hold the rope standing close together. The leader has to try and describe a shape and instruct the team to make the shape. Rock paper scissors hula hoop game.</p>	<ul style="list-style-type: none"> <li>Outdoor</li> <li>Capture the Flag</li> </ul> <p>Re-match games discussion on how to be better than the opposition. Team work to capture the flag in a faster time.</p>	<ul style="list-style-type: none"> <li>Outdoor</li> <li>Capture the Flag</li> </ul> <p>Re-match games discussion on how to be better than the opposition. Team work to capture the flag in a faster time.</p>

Wk30	Cricket	Athletics	Rounders	Athletics
Lesson 1	<p>Recap the basic skills from Cricket activities from Year 8</p> <p>Put into practice these skills in a small sided modified game</p> <p>Utilise these skills with increasing effectiveness and consistency in order to improve the chances of winning the game</p>	Boys: Sprint	<p><b>Accurate &amp; fast throws.</b></p> <p>Isolation practice of all the throws</p> <p>Then:</p> <p>4's – batter, bowler, backstop, retriever. Aim towards hands of backstop. Rules-bowling box.</p>	Girls: Javelin & run up
Lesson 2	<p>Describe the use of defensive block</p> <p>Apply the teaching points for the defensive block into a practise</p> <p>Evaluate each other's ability to perform the skill practised in the lesson in a game situation</p>	Boys: Sprint	<p><b>Batting for accuracy</b></p> <p>Recap batting technique (grip, stance, action) T.P's; Bat out to side of body &amp; sideways on. Pairs – underarm throw, hit back directly to partner.</p> <p>4's – bowler, batter, backstop and retriever. Batter aims to hit ball through a coned target. Hit target= 1 point. Rules about stepping out of batting square.</p>	Girls: Javelin Measure
Wk31	Cricket	Athletics	Rounders	Athletics
Lesson 1	<p>Progression from the block to driving the ball.</p> <p>When have you seen it used &amp; types of delivery use against?</p> <p>Develop the drive in a controlled practice situation</p> <p>Pairs cricket game reflecting on the skills learned during the practise time</p>	Boys: javelin & run up	<p><b>Effective fielding team?</b></p> <p>4's-3 fielders, 1 batter. How can fielders support each other?</p> <p>Judge/anticipate batters hit + create tactics to outwit opposition. Link to full game.</p> <p>Roles of fielding positions, who to pass to and when, awareness of other players. 1 pupil from each team to umpire. Swap roles.</p>	Girls: sprint
Lesson 2	Analyse the technique involved in bowling	Boys: javelin & run up	<b>Effective Fielding</b>	Girls: Sprint

	Apply variation (change of speed, length, flight) to improve personal bowling performance Evaluate personal performance and reflect on how improvements could be made		Throw rounders: on two pitches for smaller teams x3 balls thrown looking for gaps in the fielding spaces. Fielders have to get the ball back to the basket in the bowlers square before player can run full rounder. Rounders game. 2 teams - work on communication between bases. Have one person making the calls	
Wk 32	Cricket	Athletics	Rounders	Athletics
Lesson 1	List the wicket keeper's roles and responsibilities.  Relate these to practices specific to the roll of a wicket keeper Modified game / practice where the wicket keeper scores additional points for their team	Boys: javelin Measure	<b>Golden triangle:</b> Explain the process: have quick practice games to let people have a go. Conditioned Game: Batters start with 5 points fielders take 1 point away for each out. Batters don't score just aim to stay in. Bonus points for fielders if do it in less than 5mins/10mins	Girls: baton tech & races
Lesson 2	Assessment lesson Describe the tactics used to be successful in cricket.  Apply tactics discussed to your team's game.  Evaluate team's performance and whether or not tactics were successful	Boys: baton tech and races	<b>Tournament</b> Assessment lesson. Students to openly discuss tactics Try to look for rules being broken	Girls: Shot put & step spin
Wk33	Athletics	Softball	Athletics	Cricket
Lesson 1	Boys: Sprint		Girls: Javelin & run up	Recap the basic skills from Cricket activities from Year 8  Put into practice these skills in a small sided modified game

				Utilise these skills with increasing effectiveness and consistency in order to improve the chances of winning the game
Lesson 2	Boys: Sprint		Girls: Javelin Measure	Describe the use of defensive block  Apply the teaching points for the defensive block into a practise  Evaluate each other's ability to perform the skill practised in the lesson in a game situation
Wk33	Athletics	Softball	Athletics	Cricket
Lesson 1	Boys: javelin & run up		Girls: sprint	Progression from the block to driving the ball. When have you seen it used & types of delivery use against?  Develop the drive in a controlled practice situation  Pairs cricket game reflecting on the skills learned during the practise time
Lesson 2	Boys: javelin & run up		Girls: Sprint	Analyse the technique involved in bowling Apply variation (change of speed, length, flight) to improve personal bowling performance Evaluate personal performance and reflect on how improvements could be made
Wk34	Athletics	Softball	Athletics	Cricket
Lesson 1	Boys: javelin Measure		Girls: baton tech & races	List the wicket keeper's roles and responsibilities.

				Relate these to practices specific to the roll of a wicket keeper Modified game / practice where the wicket keeper scores additional points for their team
Lesson 2	Boys: baton tech and races		Girls: Shot put & step spin	Assessment lesson Describe the tactics used to be successful in cricket.  Apply tactics discussed to your team's game.  Evaluate team's performance and whether or not tactics were successful
Wk35	Softball	Cricket	Cricket	Rounders
Lesson 1		Recap the basic skills from Cricket activities from Year 8  Put into practice these skills in a small sided modified game  Utilise these skills with increasing effectiveness and consistency in order to improve the chances of winning the game	Recap the basic skills from Cricket activities from Year 8  Put into practice these skills in a small sided modified game  Utilise these skills with increasing effectiveness and consistency in order to improve the chances of winning the game	Accurate & fast throws. Isolation practice of all the throws Then: 4's – batter, bowler, backstop, retriever. Aim towards hands of backstop. Rules-bowling box.
Lesson 2		Describe the use of defensive block  Apply the teaching points for the defensive block into a practise  Evaluate each other's ability to perform the skill practised in the lesson in a game situation	Describe the use of defensive block  Apply the teaching points for the defensive block into a practise  Evaluate each other's ability to perform the skill practised in the lesson in a game situation	Batting for accuracy Recap batting technique (grip, stance, action) T.P's; Bat out to side of body & sideways on. Pairs – underarm throw, hit back directly to partner. 4's – bowler, batter, backstop and retriever. Batter aims to hit ball through a coned target. Hit target= 1 point. Rules about stepping out of batting square.
Wk36	Softball	Cricket	Cricket	Rounders

Lesson 1		<p>Progression from the block to driving the ball. When have you seen it used &amp; types of delivery use against?</p> <p>Develop the drive in a controlled practice situation</p> <p>Pairs cricket game reflecting on the skills learned during the practise time</p>	<p>Progression from the block to driving the ball. When have you seen it used &amp; types of delivery use against?</p> <p>Develop the drive in a controlled practice situation</p> <p>Pairs cricket game reflecting on the skills learned during the practise time</p>	<p><b>Effective fielding team?</b> 4's-3 fielders, 1 batter. How can fielders support each other? Judge/anticipate batters hit + create tactics to outwit opposition. Link to full game. Roles of fielding positions, who to pass to and when, awareness of other players. 1 pupil from each team to umpire. Swap roles. Full</p>
Lesson 2		<p>Analyse the technique involved in bowling Apply variation (change of speed, length, flight) to improve personal bowling performance Evaluate personal performance and reflect on how improvements could be made</p>	<p>Analyse the technique involved in bowling Apply variation (change of speed, length, flight) to improve personal bowling performance Evaluate personal performance and reflect on how improvements could be made</p>	<p><b>Effective Fielding</b> Throw rounders: on two pitches for smaller teams x3 balls thrown looking for gaps in the fielding spaces. Fielders have to get the ball back to the basket in the bowlers square before player can run full rounder. Rounders game. 2 teams - work on communication between bases. Have one person making the calls</p>
Wk37	Softball	Cricket	Cricket	Rounders
Lesson 1		<p>List the wicket keeper's roles and responsibilities.</p> <p>Relate these to practices specific to the roll of a wicket keeper Modified game / practice where the wicket keeper scores additional points for their team</p>	<p>List the wicket keeper's roles and responsibilities.</p> <p>Relate these to practices specific to the roll of a wicket keeper Modified game / practice where the wicket keeper scores additional points for their team</p>	<p><b>Golden triangle:</b> Explain the process: have quick practice games to let people have a go. Conditioned Game: Batters start with 5 points fielders take 1 point away for each out. Batters don't score just aim to stay in. Bonus points for fielders if do it in less than 5mins/10mins</p>
Lesson 2		<p>Assessment lesson Describe the tactics used to be successful in cricket.</p> <p>Apply tactics discussed to your team's game.</p>	<p>Assessment lesson Describe the tactics used to be successful in cricket.</p> <p>Apply tactics discussed to your team's game.</p>	<p><b>Tournament:</b> Assessment lesson Students to openly discuss tactics Try to look for rules being broken</p>

		Evaluate team's performance and whether or not tactics were successful	Evaluate team's performance and whether or not tactics were successful	
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