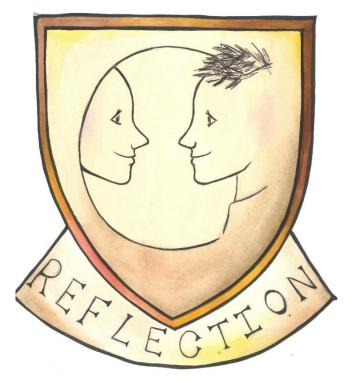


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Virtue of the Week – REFLECTION



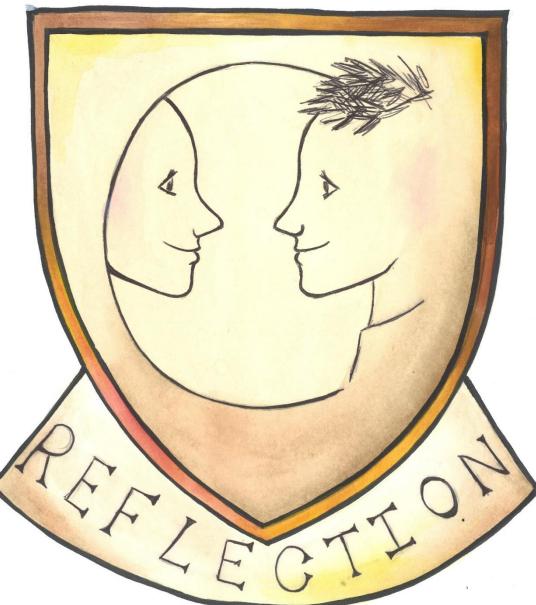
"Examine yourselves, to see whether you are in the faith. Test yourselves. Or do you not realise this about yourselves: that Jesus Christ is in you?" (2 Corinthians 13:5)

You might be awarded a *reflection* virtue for doing things like:

- Completing an assessment, test, quiz or exam
- Completing self-assessment or peer-assessment
- Engaging with feedback and green pen



- You take time to think about what you have done in order to learn about what went well and what you could have done differently or better.
- You think carefully about your actions to see how you can become a better person.



Queen Elizabeth II

- At this time we are reflecting upon the life of Queen Elizabeth Knowledge II, who passed away last Thursday.
 - When we reflect upon a person's life in this way, we search for lessons we can take from that person to help us to live better lives and make the world a better place.
 - Watch this short <u>CLIP</u> about the Queen, or choose your own.
 - 1. Which of our core virtues does your video mention that the Queen showed during her reign?

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- 2. How about our guest virtues of honesty, sense of humour and love of neighbour? Did you spot those?
- Is there any other way the Queen demonstrated virtue which 3. you know about but which wasn't included in your video?
- 1. Reflect on the life of the Queen in a way which helps you and allows you to help other people.
- 2. Take lessons and inspiration from everybody around you, watch how they do things and bring the best of it into your own life.