Concept	Explanation of concept
Celebrating Diversity & Equality	An exploration of the diverse society we live in, both nationally and globally. This core theme allows student's to gain an understanding of their own identity, as well as gaining an insight into others. Students are curvaged to develop empathy for others and support others who may be different, yet very much equal to them.
Rights, Responsibilities & British Values	Within this core theme, students gain an insight into the British socety, as we know it today. This includes, laws, politics and parliament, including how the country is rn. Crime and punishment and how offenders are dealt with, including the fairness and justice of this issue. With a lot of room for safe discussion this unit asks students to think critically and evaluate the effectiveness of the British and Giobal idea of justice.
Staying Safe Online and Offline	Dealing with safety both in the real and online world. This theme offers adivce and support how to keep safe and where to get help if needd. In addition, with the technological world growing even more every day, this theme shows both the postive and negative impacts of technology on individuals. Key focus within this core theme include: drugs, gangs (including county lines), knife crime, peer pressure, as well as issues relating to media/Social media.
Life Beyond School	Introduced at the end of Year 8, this theme focuses on life beyond school. The future concepts discussed range from options and career paths, personal happiniess and finance. This unit aims to help develop a pupils cultural capital and allow them to thrive as an individual and global citizen.

British Values covered

September 2021- July 2022	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Year 7						
Learning		Celebrating the similarities and differences of our society - To gain an understanding into multicultural Britain,		What is politics? What is a Parliament? How does it affect me? - To explore how decisions are made and who has the final say. To understnd who Boris Johnson is and what he does for this country.		Staying Safe Online and Offline - An introduction into keeping safe both in the real world, and in the world of technology. Touching up on issues such as drugs, gangs, knifecrime and peer pressure.
Concepts	Celebrating Diversity & Equality	Celebrating Diversity & Equality	Rights, Responsibilities & British Values	Rights, Responsibilities & British Values	Staying Safe Online and Offline	Staying Safe Online and Offline
Sticking Points	What is your identity Multicultural Britain Equality x2	Prejudice and Discrimination What is a steroetype? What is Racism?	British Values - explored How is the UK run? - British Value democracy What is politics? What is Parliament?	Exploring Parliament Election project (2x lessons)	Staying Safe Online (social Networks) Online gaming, grooming and addiction Unsafe friendships	Drugs - Energy Drinks and Caffeine Degus - Alcohol Drugs - Nicotine, E-Cigs, Vaping and Shisha
PSHE Association core theme	Health and Wellbeing Living in the wider world	Living in the wider world			Relationships Living in the wider world	Relationships Health and Wellbeing
PSHE Association - Specific Links		Lesson 4 - KS3 R40, R41, L10 KS4 R5, R6, L15 Lesson 5 - KS3 R7, R8, R39, R40, L10			Lesson 1 - KS3 L20 KS4 L21 Lesson 2 - KS3 H32 R29, R30 R37 + KS4 H25 R28 Lesson 3 - KS3 R20, R43 R44 R45 R46 R47 KS4 R37 R38	Lesson 4 - KS3 H23, H24, R20 Lesson 5 - KS3 H26, H27 H29 KS4 H19 H20 H21 Lesson 6 - KS3 H26, H27 KS4 H19
AOs	Lesson 2 – I can give examples of multicultural Britain. I know how multicultural Britain fits in with British Values. Lesson 3 – I know what equality is, I understand how I can help support equality for all I can I can explain how the Equality Act promotes British Values.	discrimination. I can identify a range of characteristics that people are sometimes prejudiced by. I can give examples of discrimination.	Lesson 1 – I can explain the British Values and why they are important to promote. Lesson 2 - I understand what a demoncracy is is. I can describe the role of UK Parliament. I know the brief political history of the UK, and understand its importance. Lesson 3 - I can explain how the Government is formed. I understand the different types of elections held within the UK. I can explain several reasons why voting is important.	Lesson 4 - I can explain the differences between the two house of Parliament. I can describe the role of a Local MP. I know what the insides of the Houses of Parliament look like.	Lesson 1 - I understand a wide range of risks associated with internet use. I know how to reduct the risks associated with 'being online'. Lesson 2 - I can define a gaming addiction. I understand a range of risks associated with online gaming. I understand the importance of reporting anything suspicuous I see or hear online. Lesson 3 - I can recognise an unsafe friendship, I know how to manage healthy and unhealthy friendships. I know what coercive means.	Lesson 4 - I know which drinks are high in sugar content. I am able to make healthy choices with regards to what I drink. I understand the risks asociated with Energy drinks and caffine. Lesson 5 - I know what alcohol is and the different forms it comes in. I can explain the short and long term impacts of alcohol use. I can explain the impact alcohol missue is having on society. Lesson 6 - I understand all the health consequences of smoking. I understand how the government is helping people to quit smoking. I know the difference between smoking and vaping. I understand the risks associated with vaping.

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Common Misconceptions	- Identity is something which can not change The equality act means that everyone is treated equally.	_ Prejudice and disrimination are the same thing. Stereotypes are acceptable - Islamophobia.	the Queen runs the country and has all the power all countries are run the same. A political party is an ACTUAL party	Parliament and government are the same thing. The Houses are Parliament is where MPs live.	Peer pressure only relates to alcohol. Alcohol is not a drug. You can not be addicted to gaming.	E-Cigs are safe You can not become addicted to caffine and energy drinks.
Year 8		isiamophosia.	A poneda party is an increase party		Tod carried be addicted to garring.	
Learning	LGBTQ+ Explored - An introduction in to what LGBT is; how to recognise and challenge homophobia and transphobia.	LGBTQ+ Explored - An introduciton in to what LGBT is; how to recognise and challenge homophobia and transphobia.	Law, Crime and Society - To explore what makes up a society; from Laws and Rights, to the people and their everday lives.	Law, Crime and Society - To explore what makes up a society; from Laws and Rights, to the people and their everday lives.	Proud to be me! - A unit focusing on the strengths of each individual student, helping them to think independtly about their own skills, as well as develop their abilities to work in a team.	Proud to be me! - A unit focusing on the strengths of each individual student, helping them to think independity about their own skills, as well as develop their abilities to work in a team.
Concepts	Celebrating Diversity & Equality	Celebrating Diversity & Equality	Rights, Responsibilities & British Values	Rights, Responsibilities & British Values	Life Beyond School	Life Beyond School
Sticking Points	LGBT + What is it? Key terms focus LGBT - Homophobia, what is it? How can we support someone (LGBT focus)	LGBT - challenging Homophobia as part of British Values/peace Pride month/LGBT History	BV recap - what makes a successful community? BV - respect and tolerance. BV Decision making - democracy.	British Value Rule of Law How are laws made in society - Prison, Reform and Punishment	Proud to be me - self esteem Self esteem and the media Barclays life skills lesson 1 - budgetting	Baricays life skills lesson 2 - Value of money Baricays life skills lesson 3
PSHE Association core theme	Relationships	Relationships			Health and Wellbeing Living in the wider world	Relationships
PSHE Association - Specific Links	Lesson 1 - KS3 R3, R4, R5, 40 Lesson 2 - KS3 R14, R23, R38, R40 R40 KS4 R7, R34 Lesson 3 - KS3 R38, R39, R40, R41	Lesson 4 - KS3 R40 R41, KS4 R31, R34	Lesson 3 - KS3 R15		Lesson 1 - KS3 L2 KS4 L2, KS3 H1, H2, H3 H4, H5 Lesson 2 - Ks3 H1, H2, H3, H4, H5 Lesson 3 KS3 L15, L16, L17, L18, L19	Lesson 4 KS3 L15, L16, L17, L18, L19
AOs	Lesson 1 - I understand the meaning of LGBTQ+, I can name a variety of LGBT+ role models. Lesson 2 - I can define homophobia. I understand a range of forms homophobia takes. I understand why its wrong to use homophobic language. Lesson 3 - I am an Aily to the LGBT+ Community. I understand how to support a friend in need. I would be confident in challenging homophobic language if I heard it.	Lesson 5 - I understand the importance of celebrating the LGBT+ Community. I feel confident in talking about	Lesson 1 - I know what makes a good community. I try not to stereotype and pre judge people.	Lesson 4 - I know why society needs laws. I understand how a bill becomes a law in the UK. I can explain recent law changes in the UK. Lesson 5 - I know the age of criminal responsibility in the UK and other countries. I can explain how the criminal Justice system treats young offenders. I can define legal rights and the rule of law. Lesson 6 - I can name a wide variety of punishments used in the UK Criminal Justice System. I understand the theories behind punishment. I understand the arguments for and against the use of prisons.	Lesson 1 - I can describe my own self esteem. I have aspirations and am looking forward to the future. I can describe what self-love is. Lesson 2 - I know what appearance ideals are, I can explain how the media and peers may impact my self-esteem. I can explain the importance of being body confident. Lesson 3 - I know the importance of building good money habits from a young age	Lesson 4 - I can explain the value of creating a budget. I understand my onw money personality and can explain the need to look at the pennies and the pounds.
Common Misconceptions	Being LGBT is something that has come about only in recent years. Homophobia is only done through spoken words/physical violence.	Assertiveness and argumentativeness are the same thing. - Being transgender is the same as cross dressing.	Every countries laws are the same. Rights and Laws are the same thing.	Every prison is the same, all prisoners are put together. There is only one punishment for crimals (prison).	Self love = arrogance. Money = happiness	Money is easy to get. No concept of how money can gain interest.
Year 9						
Learning	Combatting Extremism and Terrorism - An unit focusing on key themes such as terrorism, extremism, . This unit highlights the importance that each individual member of society has, to help prevent, protect, and support one another in order to keep people safe.	Combatting Extremism and Terrorism - An unit focusing on key themes such as terrorism, extremism. This unit highlights the importance that each individual member of society has, to help prevent, protect, and support one another in order to keep people safe.	Essentail Life Skills - This unit allows students to learn and practise some important, and at times, life saving skills such as: first aid, conflict management and budgeting.	Essentail Life Skills - This unit allows students to learn and practise some important, and at times, life saving skills such as: first aid, conflict management and budgeting.	Legal and illegal drugs - Drugs education is a vital part of any student's learning. This unit, as an introduction to Drugs Education, highlights the serious impact ANY drugs can have on a person, both short and long term (social, psychological, financial, physcial). This unit also signposts help for anyone who may need it on the topic of drugs.	Legal and illegal drugs - Drugs education is a vital part of any student's learning. This unit, as an introduction to Drugs Education, highlights the serious impact ANY drugs can have on a person, both short and long term (social, psychological, financial, physcial). This unit also signposts help for anyone who may need it on the topic of drugs.
Concepts	Rights, Responsibilities & British Values	Rights, Responsibilities & British Values	Life Beyond School	Life Beyond School	Staying Safe Online and Offline	Staying Safe Online and Offline
Sticking Points	British Values - educate against hate KNIFE CRIME Extremism Terrorism	The Radicalisation Process Educate againt hate islamist extremism lesson How does Counter Terrorism Work?	Importance of Happiness - Improving Metal Health) Anger Management First Aid - How to Administer CPR (Defibrillators)	First aid continued Financial Management Importance of saving money	Introduction to Drugs Education Drugs and the law Drugs and managing risks	Drugs and their efffects - alcohol and canabis Drugs illegal - (Class A and B) Different Types of Addictions
PSHE Association core theme	Fluid - In although discounted		Living in the wider world	Health and Wellbeing	Usalik and Wellbalan	Haralda and Marilla III.
PSHE Association - Specific Links	Living in the wider world Lesson 2 - KS3 R43 R44 R45 R46 R47 KS4 R37 R38	Living in the wider world Lesson 6- KS3 L26 KS4 L24	Health and Wellbeing Lesson 1 - KS4 R1 Lesson 2 - KS3 R1 Lesson 3 - KS3 H33 KS4 H24	Relationships Lesson 4 - KS3 H33 KS4 H24 Lesson 5 - KS4 L21 L18 L16 L17 Lesson 6 - KS3 H32 + KS4 H25 L16	Health and Wellbeing Lesson 2 - KS3 H23, H26, H27, H28, R20 KS4 H19, H20, R20 Lesson 3 - KS3 H23, H26, H27, H28, R20 KS4 H19, H20, R20	Health and Wellbeing Lesson 5 - KS3 H23, H26, H27, H28, R20 KS4 H19, H20, R20 Lesson 6 - KS4 H19, H20, H21
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undd soci extr Less undd wou Less diffe betv goes Less	rould never resort to carrying a knife under any circumstance. sson 3 - I can define extremism and terrorism. I understand the ferent types of extremism that exist. I understand the difference tween extremism and terrorism. I understand why extremism es against British Values	understand how to think critically in order to keep myself safe. Lesson 6 - helping students to understand what extremism is and the process of radicalisation is one way to help build resilience to harmful narratives Lesson 7 - I know what counter terrorism is . I know how	can recognise when I'm getting angry and what my triggers are. I am able to deal with my anger in a positive way.	Lesson 4 - First Aid continued Lesson 5 - I understand how debt and borrowing money can impact on personal finance. I am able to budget now and for the future. I understand how income tax is calculated. Lesson 6 - I understand the meanings of a wide range of financial key terms. I can evaluate different ways of storing money. I can explain the many advantages to having a bank account.	Lesson 1 - I know what different types of drugs are. I understand a range of things people can become addicted to. I understand how seperimenting with drugs can impact me and my family. Lesson 2 - the potential legal consequences of using illegal drugs. I can explain the legal terms 'possession', 'supply and 'intent to supply in relation to drugs. I can explain the short- and long-term legal consequences of being found in possession of, using, selling or supplying different classes of drugs Lesson 3 - To understand how to manage and evaluate potential risks with regards to drugs. To explain the short- and long-term legal consequences of being found in possession of, using, selling or supplying different classes of drugs.	Lesson 4 - describe some of the health risks associated with occasional and problematic substance use recognise and challenge myths related to camabis use and drinking alcohol Lesson 5 - Lunderstand the risks associated with taking illegal drugs. I can explain the negative impact drug abuse has o society. I know where to source reliable and credible drugs information from.
Misconceptions Terr		Radicalisation is a uncommon thing to happen. Counter Terrorism only relates to the police.	Only angry people need to learn about anger management. Only paramedicis and doctors can administer CPR.	Only angry people need to learn about anger management. Everoyne pays the same amount of tax.	Cannabis is legal. Only Class A drugs are illegal.	Some drugs are legal. All drugs have the same effect. Addiction looks the same for everyone.
Year 10						
cont	ploring world issues for all and how to make a positive ntribution to our global society. (International organisations, xxtt/Aid and FairTrade).	Exploring world issues for all and how to make a positive contribution to our global society. (Peace/War and Conflict, Women's Rights, and the #MeToo/ Times Up Mowements	Exploring British Values - This unit soley focuses on the idea of British Values, in terms of Human Rights, British Vaues and LEBICH. British Values are explored in terms of an individual and as a community.	Exploring British Values - This unit soley focuses on the idea of British Values, in terms of Human Rights, British Vaues and LGBT-e. British Values are explored in terms of an individual and as a community.	Mental health - a unit focusing on the importance of mental health and how.wher to seek support from if needed.	Rights and Responsibilities - An important unit which helps students understand their own emotional feelings and needs. This unit also takes a look toward the future and how understand the working and financial world, with key themes including personal finance, as well as emploment and consumer rights.
Concepts Cele	lebrating Diversity & Equality	Celebrating Diversity & Equality	Rights, Responsibilities & British Value	Rights, Responsibilities & British Value	Life Beyond School	Life Beyond School
Hum Bala	man Rights and their Importance lancing Human Rights orld issues - Fair Trade	Equality Act 2010. Women's Rights #MeToo and Times Up Movement	British Values lesson - I can understand what the British Values are and why they are important. Multicultiral Britain LGBT rights across the world + British Values	Home office knife free lesson Rights and Responsibilities	Social Media Validation Vs Reality Mental heatth - self love Mind matters; mental and physical wellbeing	PSHE association Mind lessons KS4 x3
PSHE Association core theme			Living in the wider world		Health and Wellbeing	
PSHE Association - Specific Links			Relationships Lesson 1 - KS3 L25 KS4 L27 Lesson 3 - KS3 H13 KS4 H12	Living in the wider world	Living in the wider world Lesson 1/2 - H5 Lesson 2 - KS3 H6, H7, H8, H9, H10, KS4 H5, H6, H7, H8 Lesson 3 - KS3 H6, H7, H8, H9, H10, KS4 H5, H6, H7, H8	
prot Less impi dess Less trad	gins of Human Rights. I understand how Human rights are beteeted. sson 2 I can name eight Human Rights I can explain the positive pacts of the Human Rights Act 1998 has had on society. I can scribe situations when Human Rights may come into conflict. sson 3 - I know the difference between Free trade and Fair de. Lunderstand the concept of Fairtrade. Lunderstand some of			Lesson 4 - I understand the duties of a citizen in the UK. I can identify many different rights and responsibilities I have. I can explain the difference between civil and criminal law.	Lesson 1 - I am aware that what I see on social media is not reflective of real life. I can explain the positive and negative impact following social media influencers has on me I can identify the four main ways social media stresses people. Lesson 2 - I know the importane of self love and how to boost self esteem when needed. Lesson 3 - I know the corrrectation between physical and mental health.	a
prot Less Impi desc Less trad the I AOs All c to h Hur Common	gins of Human Rights. I understand how Human rights are beteeted. sson 2 I can name eight Human Rights I can explain the positive pacts of the Human Rights Act 1998 has had on society. I can scribe situations when Human Rights may come into conflict. sson 3 - I know the difference between Free trade and Fair de. Lunderstand the concept of Fairtrade. Lunderstand some of	2010 was passed. I can list some of the characteristics which are protected under the Equality Act. Womens rights - I can explain how the role of women has changed in society. I understand key events that have led to equal right for women. I can identify a variety of positive female role models. Me Too movement - I can explain the #MeToo Time's Up movements. I understand the importance of speaking out against sexual harassment. I can identify a variety of positive female role models.	the importance of promoting British Values in school. I understand the different aspects that make up my identity. Lesson 2 - Lan define the term homophobia. I know where to seek support for myself or a friend who is dealing with homophobic abuse. I understand how British Values are used to combat homophobia in the UK. British values are tea, the queen, London, fish and chips.	can identify many different rights and responsibilities I have. I can explain the difference between civil and	media is not reflective of real life. I can explain the positive and negative impact following social medii influencers has on me I can identify the four main ways social media stresses people. Lesson 2 - I know the importane of self love and how to boost self esteem when needed. Lesson 3 - I know the correctation between	a
prot Less Impi dese Less trad the I AOs All c to h Hurr Common	gins of Human Rights. I understand how Human rights are betected. soon 2 I can name eight Human Rights I can explain the positive pacts of the Human Rights Act 1998 has had on society. I can scribe situations when Human Rights may come into conflict. soon 3 - I know the difference between Free trade and Fair de. I understand the concept of Fairtrade. I understand some of Fairtrade principles. I am an ethical consumer. countries have money/are like Britain. All countries are willing help one another. man Rights have been around for indreds of years.	2010 was passed. I can list some of the characteristics which are protected under the Equality Act. Womens rights: Lan explain how the role of women has changed in society. I understand key events that have led to equal right for women. I can identify a variety of positive female role models. Me Too movement: I can explain the #MeToo Time's Up movements. I understand the importance of speaking out against sexual harassment. I can identify a variety of positive female role models.	the importance of promoting British Values in school. I understand the different aspects that make up my identity. Lesson 2 - A Multicultural Britain Lesson 3 - I can define the term homophobia. I know where to seek support for myself or a friend who is dealing with homophobic abuse. I understand how British Values are used to combat homophobia in the UK.	can identify many different rights and responsibilities I have. I can explain the difference between civil and	media is not reflective of real life. I can explain the positive and negative impact following social media influencers has on me I can identify the four main ways social media stresses people. Lesson 2 - I know the importane of self love and how to boost self esteem when needed. Lesson 3 - I know the correctation between physical and mental health.	

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Learning	Your future - the reality of life beyond school. To become aware of the world around you and begin to take on more responsibility. Money skills - tex - mortgages.	Your future - the reality of life beyond school. To become aware of the world around you and begin to take on more responsibility.	Staying Safe - As the last PSHE unit pupils will be before they leave school, the key themes within this unit look toward the dangers of drugs, Festivals, and sexualisation of the media. Students are given an opportunity to look, in detail at he war on drugs that society is curently facings, as well as given as afe space to learn about the issue. This unit offers a prevantative approach to any issues and dangers, that students may face once they leave Holy Family.	Staying Safe - As the last PSHE unit pupils will be before they leave school, the key themes within this unit look toward the dangers of drugs, festivals, and seeualisation of the media. Students are given an opportunity to look, in detail at he war on drugs that society is curently facings, as well as given a safe space to learn about the issue. This unit offers a prevantative approach to any issues and dangers, that students may face once they leave Holy Family.	EXAM PERIOD
Concepts	Life Beyond School	Life Beyond School	Staying Safe Online and Offline	Staying Safe Online and Offline	
Sticking Points	Money skils Money skills understanding and managing debt Consumer Rights Understanding a Payslip	Dealing with anxiety and exam stress Time Management - Technology BV recap	Online Reputation and Digital Footprints Virtual Reality + Live Streaming +Gaming Online Drugs - Substance Addiction	The impact of drugs Drugs - Festivals and Nitrous Oxide Cosmetic and Aesthetic procedures	
PSHE Association core theme	Living in the wider world Relationships	Living in the wider world	Living in the wider world	Living in the wider world	
PSHE Association - Specific Links	Health and Wellbeing	Health and Wellbeing	Health and Wellbeing Lesson 1 - KS3 H13 KS4 H12 Lesson 2 KS3 H13 KS4 H12 KS3 H32 + KS4 H25 Lesson 3 - KS3 H26, H27, H29, R20 KS4 H19, H20, H21 Lesson 4 - KS4 H19, H20, R20	lesson 5- KS4 H17 + H18 Lesson 6- KS3 H13 KS4 H12	
AOs	Lesson 1 – To be able to explain how money works in the real world, using terminology such as budgeting. To be able to highlight different types ways of spending money. Lessons 2 – To explain key differences to between credit and debit. To know how to prevent getting into debt. To know how to prevent getting into debt. Lesson 3 – To be able to identify what their consumer rights are and where to go to if they feel like they are not being upheld. Lesson 4 – Workplace safety – to ensure that their own employment rights are being met. To correctly identify what each section on a payslip means and explain why there are always certain deductions.	Lessons 5 - I am aware of the dangers associated with smart phone and screen addiction. I understand what makes a good environment to sleep and study in. I can explain the benefits and drawbacks of increasing use and reliance on technology in my life. I lessons 6 - I can identify the symptoms of stress. I know range of ways to deal with any exam stress I have. I understand how different amounts of stress can impact my performance and ability to think clearly. British Values lessons - I can understand what the British Values are and why they are important.	Lesson 1 - I know what my online reputation is like. I know how to conduct an online audit of myself - I understand what personal branding been. AR and VR. I can explain the health risks associated with Virtual Reality I understand the consequences of live streaming across the intermet. Lesson 3 I understand what a substance addiction is. I can explain how a substance addiction impacts wider society. I would know how to help someone with an addiction.	Lesson 4 - I know how to handle potential peer pressure to experiment with drugs. I understand how drugs are trafficked globally. I can explain the international war on drugs. Lesson 5 - I know the risks associated with attending parties and festivals. I know how to keep myself safe. I can explain the dangerous Lesson 6 - I can explain the difference between Cosmetic and Assthetic procedures. Lunderstand the negative impact procedures can have on the body and mind. I can explain the external influences on people to change the way they look.	
			Once you delete something from being online,		
Common Misconceptions			that means that it is gone forever. There are no risks with live streaming. Because old legal highs used to be legal, that means that they are not dangerous/harmful.	Everyone expremiments with drugs at festivals. There is no international War on Drugs. Cosmetic and Aesthetic are the same thing.	