

# The Holy Family

Catholic School

a voluntary academy



## Our Guest Virtues 2022-2023





true

promises

truth

withoutself

HONESTY

tell

actions say words

speaking others

yourself

integrity

reliable truthful

# Virtue of the Week – HONESTY



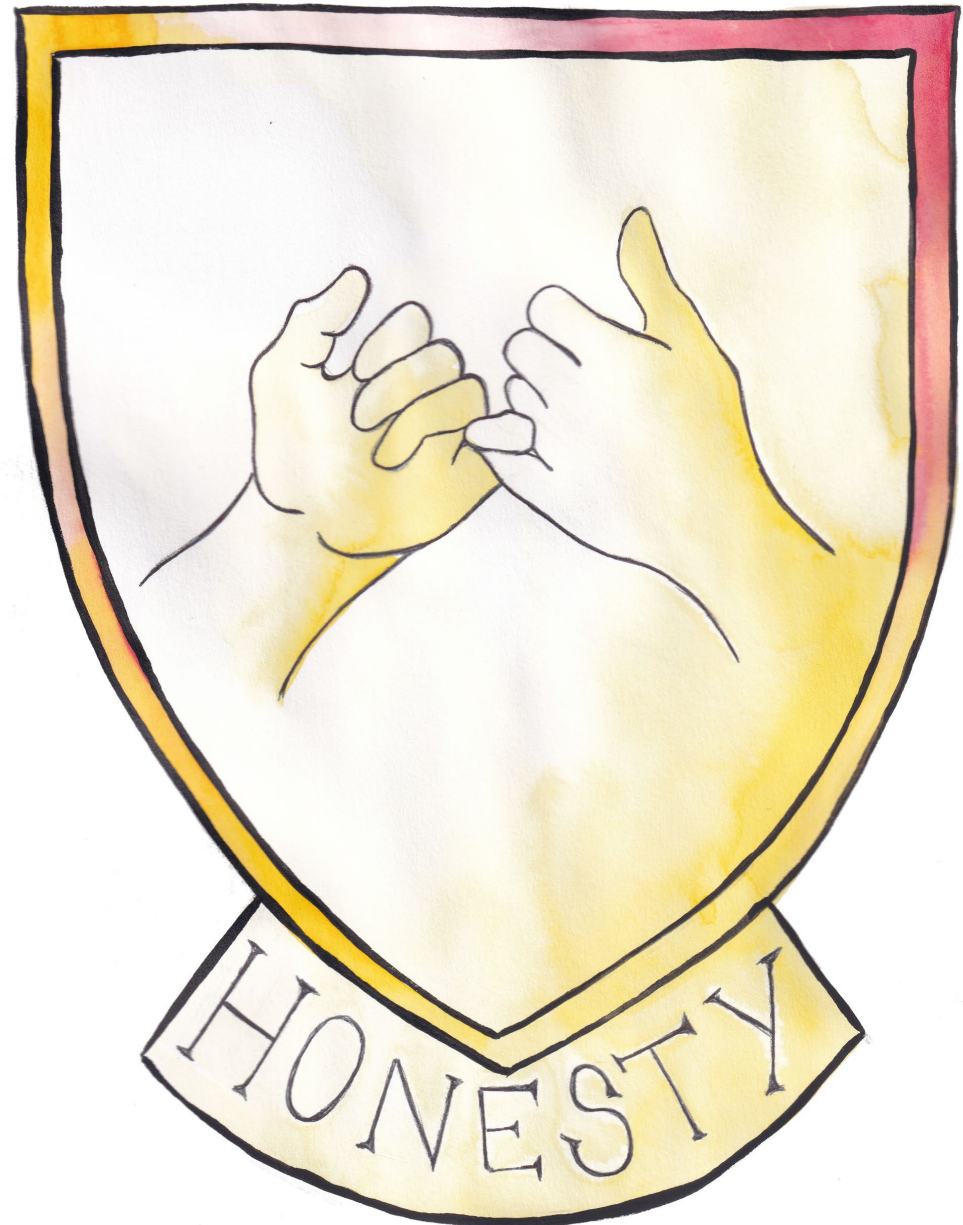
“Whoever walks in integrity walks securely, but whoever takes crooked paths will be found out.”  
(Proverbs 10:9)

You might be awarded an *honesty* virtue for doing things like:

- Telling the truth when it is difficult to do
- Offering your opinion about things in class
- Being reliable, your words and actions match



- ***You are truthful with yourself and with others.***
- ***You tell the truth without exaggerating what you say or without sometimes saying less than you know to be true even when admitting the truth may be hard to do.***
- ***You are reliable because you keep the promises you make.***
- ***You have integrity, your words match your actions and you do not try to be like someone you are not: you are your true self.***



# The Relics of St Bernadette

## Knowledge

- Last week members of Y10 and Y12 saw THE RELICS OF ST BERNADETTE, which were visiting Leeds Cathedral.
- St Bernadette's amazing visions of Mary, mother of Jesus, are one of the most important events in modern Catholicism.
- Even though what she experienced was unbelievable, we believe her – because of her total honesty and integrity.

## Reasoning

1. Can you think of an occasion when you told the truth even when it was difficult to do that?
2. Why was it important to tell the truth at that time?
3. What was the outcome of that?

## Practice

1. The next time you are in a difficult situation, tell the truth.
2. Be sure to do this in a way which is intended to help everybody in that situation, including yourself.
3. Learn more about St Bernadette, and why her account of her visions of Mary is so trusted, for inspiration.