



relief  
good  
something act  
happiness  
perform  
**kindness**  
feel care decide  
think help comfort  
tenderness

# Virtue of the Week – KINDNESS



But Zacheus standing, said to the Lord: Behold, Lord, the half of my goods I give to the poor; and if I have wronged any man of any thing, I restore him fourfold. (Luke 19:8)

You might be awarded a *kindness* virtue for doing things like:

- Helping fellow pupils and staff
- Showing love for one's neighbour
- Supporting charity



- ***You think about other people, how they feel, and with tenderness you perform an act of care that brings happiness, relief or comfort.***
- ***You decide to do something good to help someone else, because you know it is the right thing to do.***



# Excess profits

*Kindness: Could energy companies be kinder to their customers?*

In the UK over the last 2 years energy bills such as gas and electric and the prices of petrol have been increasing dramatically. [Video](#)

By January 2023, over half of households in the UK (15 million) will be in fuel poverty – spending over 10 per cent of net income on fuel.

Over 80 per cent of large families, lone parents and pensioner couples will be in fuel poverty

Yorkshire & the Humber	58.5%	1,377,000	3,398,000
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1. If you were a owner of an oil/gas company how would you feel when you seen news reports of millions of people around the world struggling to pay their bills while your company made billions in profit?
2. If we are paying more for fuel what other things are people unable to purchase?
3. How can you help out at home to reduce the amount of energy your using and therefore reduce your energy bill?

1. Have a conversation with your parents or careers about what you can do to help reduce the energy usage in your house.
2. Could you donate 1 item to the school's food bank each week, which goes directly to those that need a little extra help?
3. Could you check in with an elderly neighbour or family member to see if they are ok?
4. Could you donate your no longer worn winter clothing to the Good Shepherd Centre?

**Knowledge**

**Reasoning**

**Practice**