



people

kindness treated  
confidence

treat courtesy  
God-given other

respect

like dignity

show

care

creation

give

yourself



# Virtue of the Week – RESPECT



As the icebergs carve deep into the ocean and our souls, Antarctica is firmly rooted in our collective past, present and future. Antarctica will not be ignored. Will you be its voice?

*The seventh continent, the white continent, the ice continent, the southern continent, the unowned continent, the unknown continent, the highest continent, the coldest continent, the driest continent, the windiest continent, the most isolated continent, the scientific continent, the end of the world, the bottom of the world, the uninhabited continent, the peace continent. The Ice. (British Antarctic Survey)*

You might be awarded a *respect* virtue for doing things like:

- Using good manners
- Speaking of fellow pupils and staff in good terms
- Looking after the school building



- ***You show respect when you treat other people as you would like to be treated.***
- ***You treat people with courtesy and kindness not because of who they are or what they have done, but because, like you, they have a God-given dignity.***
- ***You respect yourself so that you have the confidence to be yourself and not give in to things you know are wrong or not to give in to those who want you to do things you don't want to do.***
- ***You show respect for creation through your care for nature.***



# Antarctica Day

**Knowledge**

On December 1st, 1959 the Antarctic Treaty was signed by 12 nations, setting aside nearly 10% of the Earth "forever to be used exclusively for peaceful purposes... in the interests of all mankind." The Antarctic Treaty became the first nuclear-arms agreement and the first institution to govern all human activities in an international space (a region beyond sovereign jurisdictions).

Antarctica Day is an annual event to build global awareness of this landmark institution, celebrating this milestone of peace in our civilization with hope and inspiration for future generations.

<https://www.youtube.com/watch?v=UsGEAlsik2o>

- Reasoning**
1. Do you think it is important to protect Antarctica from development?
  2. Do you think that countries should work together to protect Antarctica?
  3. Why do you think it is important to protect our natural environment?
  4. How can countries work together to protect Antarctica?

**Practice**

**Here are 6 simple ways you can be more respectful today:**

Listen and be present. ...

Be thoughtful of others' feelings. ...

Acknowledge others and say thank you. ...

Address mistakes with kindness. ...

Make decisions based on what's right, not who you like. ...

Respect physical boundaries. ...

Live and let live.