

Y11 learning intentions: Advent (20 minute lessons in form time, 1 per week)

Our Advent unit: *Your future - the reality of life beyond school. To become aware of the world around you and begin to take on more responsibility.*

Our advent theme: Life Beyond School

What should students know / understand by the end of each lesson?

	Lesson
Week 1	<ul style="list-style-type: none"> • <i>Money skills – how to stay in control of my money</i>
Week 2	<ul style="list-style-type: none"> • <i>Money skills – understanding and managing debt</i>
Week 3	<ul style="list-style-type: none"> • <i>Money skills – understanding and managing debt</i>
Week 4	<ul style="list-style-type: none"> • <i>Money skills – consumer rights</i>
Week 5	<ul style="list-style-type: none"> • <i>Money skills – employment rights and payslips</i>
Week 6	<ul style="list-style-type: none"> • <i>Money skills – employment rights and payslips</i>
Week 7	<ul style="list-style-type: none"> • <i>Dealing With Exam Stress & Anxiety - To understand the science behind ‘flight’ ‘Fright’ or ‘Freeze’ responses to stress.</i>
Week 8	<ul style="list-style-type: none"> • <i>Dealing With Exam Stress & Anxiety - To recognise that stress is only beneficial in the short term and over the long term can affect you physically and emotionally. To understand how to manage stress and relaxation.</i>
Week 9	<ul style="list-style-type: none"> • <i>Time Management – Technology - Explore how technology and social media can negatively impact on your mental health.</i>
Week 10	<ul style="list-style-type: none"> • <i>Time Management – Technology - To evaluate how technology and smart phones can both be rewarding and damaging in our lives.</i>
Week 11	<ul style="list-style-type: none"> • <i>British Values recap</i>
Week 12	<ul style="list-style-type: none"> • <i>British Values recap</i>
Week 13	<ul style="list-style-type: none"> •

What is needed to master the knowledge?

Lesson 1 – To be able to explain how money works in the real world, using terminology such as budgeting. To be able to highlight different types ways of spending money.

Lessons 2/3 – To explain key differences to between credit and debit. To be able to highlight the dangers of getting into debt. To know how to prevent getting into debt.

Lesson 4 – To be able to identify what their consumer rights are and where to go to if they feel like they are not being upheld.

Lesson 5/6 – Workplace safety – to ensure that their own employment rights are being met. To correctly identify what each section on a payslip means and explain why there are always certain deductions.

Lessons 7/8 - I can identify the symptoms of stress. I know range of ways to deal with any exam stress I have. I understand how different amounts of stress can impact my performance and ability to think clearly.

Lesson 9/10 - I am aware of the dangers associated with smart phone and screen addiction. I understand what makes a good environment to sleep and study in. I can explain the benefits and drawbacks of increasing use and reliance on technology in my life.

Lessons 11/12 – To understand what the fundamental British Values are and why it is important to uphold them in our daily lives.