



God
rely fears
mind confident
peace
confidence
trust
doubts
loves

Virtue of the Week – CONFIDENCE



“Fear not,’ the Angel said to Mary. ‘Do not be afraid,’ Jesus repeated so many times to the disciples. It is an invitation that opens a new, refreshing space in the soul, giving security and engendering hope.” (Pope Francis)

You might be awarded a *confidence* virtue for doing things like:

- Getting straight to work, even when the work is challenging
- Answering questions in class
- Ignoring distractions



- ***You can do things without fears or doubts stopping you.***
- ***When you are confident in someone, you can trust and rely on them.***
- ***If you trust in God you have confidence that God loves you and watches over you.***
- ***Confidence brings peace of mind.***



Celebrating us!

Knowledge

When we label people and put them in different boxes, we don't see PEOPLE for who they truly are. We have a lot more in common with people than we think, and we should keep that in mind when we encounter anyone who might seem different than we are. We each have a strong set of skills to be proud of, we have been created equally yet unique! Sometimes we might feel like we need to fit in with the crowd, but we should be confident in ourselves and work together to achieve greatness!

Reasoning

1. Do you ever feel pressured to 'fit in', where does this pressure come from?
2. Why is it important not to judge others?
3. What role can we all play in building one another's confidence?

Practice

- 1. Be proud of yourself and your unique set of skills!**
- 2. Celebrate our differences!**
- 3. Don't put people in boxes!**