



relief
good
something act
happiness
perform
kindness
feel care decide
think help comfort
tenderness

Virtue of the Week – KINDNESS



"During Lent, let us find concrete ways to overcome our indifference." (Pope Francis)

"Lent comes providentially to awaken us, to shake us from our lethargy." (Pope Francis)

You might be awarded a *kindness* virtue for doing things like:

- Helping fellow pupils and staff
- Showing love for one's neighbour
- Supporting charity



- ***You think about other people, how they feel, and with tenderness you perform an act of care that brings happiness, relief or comfort.***
- ***You decide to do something good to help someone else, because you know it is the right thing to do.***



Give a Little, Help a Lot

Knowledge

- Lent begins this Wednesday 22nd February.
- As part of Lent here at Holy Family School, we will be running our *Give a Little, Help a Lot* campaign.
- This is where we bring in items to donate to families in our own community who may be in need of support.

Reasoning

1. What kind of a difference do you think your donation will make?
2. Why is it important to help those around you?
3. Why is this an especially good idea during Lent?

Practice

1. Please donate to the campaign! The specific items we are asking each year group are...
2. ... or, donate anything you can! Look out for the boxes on the doors and around the school.
3. Encourage others through your example to donate as well.

Give a Little, Help a Lot



Year 7

Tins / jars

Give a Little, Help a Lot



Year 8

Packets / boxes

Give a Little, Help a Lot



**Year 9
Biscuits**

Give a Little, Help a Lot



Year 10
Pasta / rice

Give a Little, Help a Lot



Year 11

Tea / coffee

Give a Little, Help a Lot



Year 12-13
Easter treats

Give a Little, Help a Lot



Staff

Easter treats