

Y7 learning intentions: Pentecost

Our Pentecost unit: ***Staying safe online and offline.***

Our Pentecost theme: Staying safe online and offline

What should students know / understand by the end of each lesson?

	Lesson (based on one lesson over two weeks).
Week 1	<ul style="list-style-type: none"> Staying Safe Online (social Networks) - To explain what a gut feeling is and how it links to my intuition. To identify a range of risks associated with 'being online'. To know how to mitigate any potential risks associated with being 'online' and where to go to seek further help and support.
Week 2	<ul style="list-style-type: none">
Week 3	<ul style="list-style-type: none"> Online gaming, grooming and addiction - To define what a gaming addiction is and recognise symptoms of it. To explore the benefits and risks associated with online gaming including grooming of players. To evaluate what support networks are available to help support those in need.
Week 4	<ul style="list-style-type: none">
Week 5	<ul style="list-style-type: none"> Why not to join a gang – To understand the causes of why young people might want to join a gang. To understand the consequences of breaking the law and engaging in criminal behaviour. To come up with solutions for preventing young people turning to gangs. Why not to Carry a knife - To explain why it is wrong to ever carry a knife. To understand the legal, emotional and physical consequences of carrying a knife. To understand how knife crime impacts families and communities.
Week 6	<ul style="list-style-type: none">
Week 7	<ul style="list-style-type: none"> Energy Drinks and Caffeine - Drugs - To understand how much sugar and caffeine are in a range of drinks. To explore the health risks associated with energy drinks. To understand the importance of making healthy life choices.
Week 8	<ul style="list-style-type: none">
Week 9	<ul style="list-style-type: none"> Drugs – Alcohol - To understand how alcohol impacts the body. To explore the consequences of alcohol misuse. To evaluate the negative impact alcohol use is having on wider society.
Week 10	<ul style="list-style-type: none">
Week 11	<ul style="list-style-type: none"> Drugs - E-Cigs, Vaping and nicotine - To understand the science behind vaping and the health consequences of it. To understand the difference between smoking and vaping. To evaluate whether there should be a ban in High Street Vape Shops. To explain the

	harmful chemicals that are contained within a cigarette. To understand the impacts smoking has on the body. To evaluate how effective the government has been in helping people to quit smoking.
Week 12	•

What is needed to master the knowledge?

Lesson 1 - I understand a wide range of risks associated with internet use. I know how to reduce the risks associated with 'being online'.

Lesson 2 - I can define a gaming addiction. I understand a range of risks associated with online gaming. I understand the importance of reporting anything suspicious I see or hear online.

Lesson 3 - I can recognise an unsafe friendship, I know how to manage healthy and unhealthy friendships. I know what coercive means.

Lesson 4 - I know which drinks are high in sugar content. I am able to make healthy choices with regards to what I drink. I understand the risks associated with Energy drinks and caffeine.

Lesson 5 - I know what alcohol is and the different forms it comes in. I can explain the short and long term impacts of alcohol use. I can explain the impact alcohol misuse is having on society.

Lesson 6 - I understand all the health consequences of smoking. I understand how the government is helping people to quit smoking. I know the difference between smoking and vaping. I understand the risks associated with vaping.
