

# Physical Education **BTEC** Plan

Term 6

# Year 10

Term 6

(7 Week term)

| Year 10  | <b>Lesson 1</b><br><b>Learning intentions</b><br>(what can a student do at the end of the lesson)<br><br>UNIT 2  | <b>Lesson 2</b><br><b>Learning intentions</b><br>(what can a student do at the end of the lesson)<br><br>UNIT 2   | <b>Lesson 3</b><br><b>Learning intentions</b><br>(what can a student do at the end of the lesson)<br><br>UNIT 2   |
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| Weeks 33 | <ul style="list-style-type: none"> <li>To know and understand the importance of planning drills to improve sporting technique</li> <li>To apply specific sporting drills to improve technique</li> </ul>                                   | <ul style="list-style-type: none"> <li>To know and understand the importance of demonstrations and teaching points</li> <li>To be able to explain why both are important</li> <li>To know the benefits of using teaching points when teaching a skill</li> </ul>  | <ul style="list-style-type: none"> <li>To know and understand the importance of space, equipment, timing and organisation of participants when planning a drill.</li> </ul>   |
| Weeks 34 | <ul style="list-style-type: none"> <li>To know the importance of providing feedback and support during training sessions.</li> <li>To know the importance of the roles that coaches provide when carrying out training sessions</li> </ul> | <ul style="list-style-type: none"> <li><b><u>Draft assignment work and draft video evidence (computer-based)</u></b></li> <li>A plan of the drills and conditioned practices to develop participants' techniques for your chosen sporting skill</li> <li>An account to justify the choice of activities in each drill and conditioned practice related to the requirements of the sporting skill in competitive situations. Your video footage should include:</li> <li>Practical evidence of you demonstrating the techniques required to perform the selected sports skill using key teaching points to support good practice</li> <li>Practical demonstrations of your choice of drills for the group of participants to take part in to improve your chosen sport skill</li> <li>Practical evidence of you supporting participants to take part in your choice of drills to improve your chosen sport skill.</li> </ul> | <ul style="list-style-type: none"> <li><b><u>Draft assignment work and draft video evidence (computer-based)</u></b></li> <li>A plan of the drills and conditioned practices to develop participants' techniques for your chosen sporting skill</li> <li>An account to justify the choice of activities in each drill and conditioned practice related to the requirements of the sporting skill in competitive situations. Your video footage should include:</li> <li>Practical evidence of you demonstrating the techniques required to perform the selected sports skill using key teaching points to support good practice</li> <li>Practical demonstrations of your choice of drills for the group of participants to take part in to improve your chosen sport skill</li> <li>Practical evidence of you supporting participants to take part in your choice of drills to improve your chosen sport skill.</li> </ul> |

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| Weeks 35 | <ul style="list-style-type: none"> <li>• <b><u>Draft assignment work and draft video evidence (computer-based)</u></b></li> <li>• A plan of the drills and conditioned practices to develop participants’ techniques for your chosen sporting skill</li> <li>• An account to justify the choice of activities in each drill and conditioned practice related to the requirements of the sporting skill in competitive situations. Your video footage should include:</li> <li>• Practical evidence of you demonstrating the techniques required to perform the selected sports skill using key teaching points to support good practice</li> <li>• Practical demonstrations of your choice of drills for the group of participants to take part in to improve your chosen sport skill</li> <li>• Practical evidence of you supporting participants to take part in your choice of drills to improve your chosen sport skill.</li> </ul> | <ul style="list-style-type: none"> <li>• <b><u>Draft assignment work and draft video evidence (computer-based)</u></b></li> <li>• A plan of the drills and conditioned practices to develop participants’ techniques for your chosen sporting skill</li> <li>• An account to justify the choice of activities in each drill and conditioned practice related to the requirements of the sporting skill in competitive situations. Your video footage should include:</li> <li>• Practical evidence of you demonstrating the techniques required to perform the selected sports skill using key teaching points to support good practice</li> <li>• Practical demonstrations of your choice of drills for the group of participants to take part in to improve your chosen sport skill</li> <li>• Practical evidence of you supporting participants to take part in your choice of drills to improve your chosen sport skill.</li> </ul> | <ul style="list-style-type: none"> <li>• <b><u>Draft assignment work and draft video evidence (computer-based)</u></b></li> <li>• A plan of the drills and conditioned practices to develop participants’ techniques for your chosen sporting skill</li> <li>• An account to justify the choice of activities in each drill and conditioned practice related to the requirements of the sporting skill in competitive situations. Your video footage should include:</li> <li>• Practical evidence of you demonstrating the techniques required to perform the selected sports skill using key teaching points to support good practice</li> <li>• Practical demonstrations of your choice of drills for the group of participants to take part in to improve your chosen sport skill</li> <li>• Practical evidence of you supporting participants to take part in your choice of drills to improve your chosen sport skill.</li> </ul> |
| Weeks 36 | <ul style="list-style-type: none"> <li>• <b><u>Draft assignment work and draft video evidence (computer-based)</u></b></li> <li>• A plan of the drills and conditioned practices to develop participants’ techniques for your chosen sporting skill</li> <li>• An account to justify the choice of activities in each drill and conditioned practice related to the requirements of the sporting skill in competitive situations. Your video footage should include:</li> <li>• Practical evidence of you demonstrating the techniques required to perform the selected sports skill using key teaching points to support good practice</li> <li>• Practical demonstrations of your choice of drills for the group of participants to take part in to improve your chosen sport skill</li> <li>• Practical evidence of you supporting participants to take part in your choice of drills to improve your chosen sport skill.</li> </ul> | <ul style="list-style-type: none"> <li>• <b><u>Draft assignment work and draft video evidence (computer-based)</u></b></li> <li>• A plan of the drills and conditioned practices to develop participants’ techniques for your chosen sporting skill</li> <li>• An account to justify the choice of activities in each drill and conditioned practice related to the requirements of the sporting skill in competitive situations. Your video footage should include:</li> <li>• Practical evidence of you demonstrating the techniques required to perform the selected sports skill using key teaching points to support good practice</li> <li>• Practical demonstrations of your choice of drills for the group of participants to take part in to improve your chosen sport skill</li> <li>• Practical evidence of you supporting participants to take part in your choice of drills to improve your chosen sport skill.</li> </ul> | <ul style="list-style-type: none"> <li>• <b><u>PSA (Pearson Set Assignment) with reference to the scenario given (computer-based)</u></b></li> <li>• application of knowledge and understanding of planning a drills and conditioned practices for a chosen sport skill. Evidenced through:</li> <li>• detailed plan with specific relevance to the chosen sport skill</li> <li>• developed account to justify the choices of activities included in drills and conditioned practices with specific relevance to the techniques required for the chosen sport skill</li> </ul>  |

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| Weeks 37 | <ul style="list-style-type: none"> <li>• <b><u>PSA (Pearson Set Assignment) with reference to the scenario given (practical-based)</u></b></li> <li>• application of knowledge and understanding of planning a drills and conditioned practices for a chosen sport skill. Evidenced through:</li> <li>• detailed plan with specific relevance to the chosen sport skill</li> <li>• developed account to justify the choices of activities included in drills and conditioned practices with specific relevance to the techniques required for the chosen sport skill</li> </ul>  | <ul style="list-style-type: none"> <li>• <b><u>PSA (Pearson Set Assignment) with reference to the scenario given (practical-based)</u></b></li> <li>• practical ability and demonstration of appropriate drills and support given to improve participants' sports skills. Evidenced through:</li> <li>• effective demonstrations with use of a wide range of appropriate teaching points to support participants to perform correct techniques for chosen sports skill</li> <li>• a wide range of appropriate drills and conditioned practices to develop participants' technique for chosen sports skill</li> <li>• consistently provides appropriate support to participants when taking part in sports drills and conditioned practices to improve their techniques for a chosen sports skill.</li> </ul> | <ul style="list-style-type: none"> <li>• <b><u>PSA (Pearson Set Assignment) with reference to the scenario given (practical-based)</u></b></li> <li>• practical ability and demonstration of appropriate drills and support given to improve participants' sports skills. Evidenced through:</li> <li>• effective demonstrations with use of a wide range of appropriate teaching points to support participants to perform correct techniques for chosen sports skill</li> <li>• a wide range of appropriate drills and conditioned practices to develop participants' technique for chosen sports skill</li> <li>• consistently provides appropriate support to participants when taking part in sports drills and conditioned practices to improve their techniques for a chosen sports skill.</li> </ul> |
| Weeks 38 | <ul style="list-style-type: none"> <li>• <b><u>PSA (Pearson Set Assignment) with reference to the scenario given (practical-based)</u></b></li> <li>• practical ability and demonstration of appropriate drills and support given to improve participants' sports skills. Evidenced through:</li> <li>• effective demonstrations with use of a wide range of appropriate teaching points to support participants to perform correct techniques for chosen sports skill</li> <li>• a wide range of appropriate drills and conditioned practices to develop participants' technique for chosen sports skill</li> <li>• consistently provides appropriate support to participants when taking part in sports drills and conditioned practices to improve their techniques for a chosen sports skill.</li> </ul> | <ul style="list-style-type: none"> <li>• <b><u>PSA (Pearson Set Assignment) with reference to the scenario given (practical-based)</u></b></li> <li>• practical ability and demonstration of appropriate drills and support given to improve participants' sports skills. Evidenced through:</li> <li>• effective demonstrations with use of a wide range of appropriate teaching points to support participants to perform correct techniques for chosen sports skill</li> <li>• a wide range of appropriate drills and conditioned practices to develop participants' technique for chosen sports skill</li> <li>• consistently provides appropriate support to participants when taking part in sports drills and conditioned practices to improve their techniques for a chosen sports skill.</li> </ul> | <ul style="list-style-type: none"> <li>• <b><u>PSA (Pearson Set Assignment) with reference to the scenario given (practical-based)</u></b></li> <li>• practical ability and demonstration of appropriate drills and support given to improve participants' sports skills. Evidenced through:</li> <li>• effective demonstrations with use of a wide range of appropriate teaching points to support participants to perform correct techniques for chosen sports skill</li> <li>• a wide range of appropriate drills and conditioned practices to develop participants' technique for chosen sports skill</li> <li>• consistently provides appropriate support to participants when taking part in sports drills and conditioned practices to improve their techniques for a chosen sports skill.</li> </ul> |

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| Weeks 39 | <ul style="list-style-type: none"> <li>• <b><u>Assignment work (preferably Computer-based)</u></b></li> <li>• <b><u>Complete any outstanding work</u></b><br/><b><u>Learning aim C</u></b></li> </ul> | <ul style="list-style-type: none"> <li>• <b><u>Assignment work (preferably Computer-based)</u></b></li> <li>• <b><u>Complete any outstanding work</u></b><br/><b><u>Learning aim C</u></b></li> </ul> | <ul style="list-style-type: none"> <li>• <b><u>Assignment work (preferably Computer-based)</u></b></li> <li>• <b><u>Complete any outstanding work</u></b><br/><b><u>Learning aim C</u></b></li> </ul> |
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