

9 North & South	Male learning Intentions set 1	Male learning Intentions set 2	Female learning Intentions set 1	Female learning Intentions set 2
	Football	Football	Football/Netball	Football/netball
Lesson 1	<p>To understand the benefits of passing and where different types of passes should be used i.e. Over defensive line.</p> <p>To be able to outwit opponents with a variety of passes.</p> <p>To be able to perform these passes in a small sided game.</p>	<p>To understand the benefits of passing and where different types of passes should be used i.e. Over defensive line.</p> <p>To be able to outwit opponents with a variety of passes.</p> <p>To be able to perform these passes in a small sided game.</p>	Game Play – Positions and rule recap	<p>To understand the benefits of passing and where different types of passes should be used i.e. Over defensive line.</p> <p>To be able to outwit opponents with a variety of passes.</p> <p>To be able to perform these passes in a small sided game.</p>
Lesson 2	<p>To be able to use the different parts of the body to control the ball.</p> <p>To perform and replicate different types of dribbling with control, speed and fluency in a pressured situation.</p> <p>To outwit opponents with the combination of advanced turns and dribbles making decisions about how best to advance on opposition.</p>	<p>To be able to use the different parts of the body to control the ball.</p> <p>To perform and replicate different types of dribbling with control, speed and fluency in a pressured situation.</p> <p>To outwit opponents with the combination of advanced turns and dribbles making decisions about how best to advance on opposition.</p>	<p>Passing and Footwork: Running pass</p> <p>Performing in drill and game.</p>	<p>To be able to use the different parts of the body to control the ball.</p> <p>To perform and replicate different types of dribbling with control, speed and fluency in a pressured situation.</p> <p>To outwit opponents with the combination of advanced turns and dribbles making decisions about how best to advance on opposition.</p>
	Football	Football	Football/netball	Football/Netball
Lesson 1	<p>To be able to outwit opponents using dummies &amp; step overs at speed.</p> <p>To understand the importance of width</p> <p>Demonstrate knowledge of when to play to feet and when to play into space in order to attack.</p> <p>To develop strategic and tactical play.</p>	<p>To be able to outwit opponents using dummies &amp; step overs at speed.</p> <p>To understand the importance of width</p> <p>Demonstrate knowledge of when to play to feet and when to play into space in order to attack.</p> <p>To develop strategic and tactical play.</p>	<p>Channelling: either side and then middle. Link to use of space and options for passing. Either ahead or lateral.</p>	<p>To be able to outwit opponents using dummies &amp; step overs at speed.</p> <p>To understand the importance of width</p> <p>Demonstrate knowledge of when to play to feet and when to play into space in order to attack.</p> <p>To develop strategic and tactical play.</p>

Lesson 2	<p>To perform a variety of shooting techniques on goal. i.e. low drive, chip and volley.</p> <p>To appreciate how to adjust shot selection based on opponents positioning.</p> <p>To be able to assess &amp; evaluate shooting techniques and suggest ways to improve.</p>	<p>To perform a variety of shooting techniques on goal. i.e. low drive, chip and volley.</p> <p>To appreciate how to adjust shot selection based on opponents positioning.</p> <p>To be able to assess &amp; evaluate shooting techniques and suggest ways to improve.</p>	<p>Positioning on court and defensive pressure : Using channels, game play to ensure there is more than one option for a pass.</p>	<p>To perform a variety of shooting techniques on goal. i.e. low drive, chip and volley.</p> <p>To appreciate how to adjust shot selection based on opponents positioning.</p> <p>To be able to assess &amp; evaluate shooting techniques and suggest ways to improve.</p>
	Football	Football	Football/netball	Football/netball
Lesson 1	<p>Develop their understanding and knowledge of how to stop attack effectively.</p> <p>To perform the different types of defensive techniques in different situation e.g. jockeying, goal side, closing down &amp; slide tackling.</p> <p>To understand and appreciate the need to make decisions about choice of defensive strategy.</p>	<p>Develop their understanding and knowledge of how to stop attack effectively.</p> <p>To perform the different types of defensive techniques in different situation e.g. jockeying, goal side, closing down &amp; slide tackling.</p> <p>To understand and appreciate the need to make decisions about choice of defensive strategy.</p>	<p>Tactical play and set pieces: looking at different on court scenarios.</p>	<p>develop their understanding and knowledge of how to stop attack effectively.</p> <p>To perform the different types of defensive techniques in different situation e.g. jockeying, goal side, closing down &amp; slide tackling.</p> <p>To understand and appreciate the need to make decisions about choice of defensive strategy.</p>
Lesson 2	<p>To perform set plays &amp; crosses using varying height, speed and positioning.</p> <p>To develop creativity in developing new strategies from corner kicks in attack and defence.</p> <p>To understand techniques to stop opponents outwitting them i.e. goal side, man to man tactics.</p> <p>To incorporate corner kicks, goalkeeping, defending and attacking strategies in small games.</p>	<p>To perform set plays &amp; crosses using varying height, speed and positioning.</p> <p>To develop creativity in developing new strategies from corner kicks in attack and defence.</p> <p>To understand techniques to stop opponents outwitting them i.e. goal side, man to man tactics.</p> <p>To incorporate corner kicks, goalkeeping, defending and attacking strategies in small games.</p>	<p>Team planning: Creating own tactics for set pieces looking to adjust to beat different teams</p>	<p>To perform set plays &amp; crosses using varying height, speed and positioning.</p> <p>To develop creativity in developing new strategies from corner kicks in attack and defence.</p> <p>To understand techniques to stop opponents outwitting them i.e. goal side, man to man tactics.</p> <p>To incorporate corner kicks, goalkeeping, defending and attacking strategies in small games.</p>
	Cricket	Athletics	Rounders	Athletics

Lesson 1	<p>Recap the basic skills from Cricket activities from Year 8</p> <p>Put into practice these skills in a small sided modified game</p> <p>Utilise these skills with increasing effectiveness and consistency in order to improve the chances of winning the game</p>	Boys: Sprint	<p><b>Accurate &amp; fast throws.</b></p> <p>Isolation practice of all the throws</p> <p>Then:</p> <p>4's – batter, bowler, backstop, retriever. Aim towards hands of backstop. Rules-bowling box.</p>	Girls: Javelin & run up
Lesson 2	<p>Describe the use of defensive block</p> <p>Apply the teaching points for the defensive block into a practise</p> <p>Evaluate each other's ability to perform the skill practised in the lesson in a game situation</p>	Boys: Sprint	<p><b>Batting for accuracy</b></p> <p>Recap batting technique (grip, stance, action) T.P's; Bat out to side of body &amp; sideways on. Pairs – underarm throw, hit back directly to partner.</p> <p>4's – bowler, batter, backstop and retriever. Batter aims to hit ball through a coned target. Hit target= 1 point. Rules about stepping out of batting square.</p>	Girls: Javelin Measure
	Cricket	Athletics	Rounders	Athletics
Lesson 1	<p>Progression from the block to driving the ball.</p> <p>When have you seen it used &amp; types of delivery use against?</p> <p>Develop the drive in a controlled practice situation</p> <p>Pairs cricket game reflecting on the skills learned during the practise time</p>	Boys: javelin & run up	<p><b>Effective fielding team?</b></p> <p>4's-3 fielders, 1 batter. How can fielders support each other?</p> <p>Judge/anticipate batters hit + create tactics to outwit opposition. Link to full game.</p> <p>Roles of fielding positions, who to pass to and when, awareness of other players. 1 pupil from each team to umpire. Swap roles.</p>	Girls: sprint
Lesson 2	Analyse the technique involved in bowling	Boys: javelin & run up	<p><b>Effective Fielding</b></p> <p>Throw rounders: on two pitches for smaller teams x3 balls thrown</p>	Girls: Sprint

	Apply variation (change of speed, length, flight) to improve personal bowling performance Evaluate personal performance and reflect on how improvements could be made		looking for gaps in the fielding spaces. Fielders have to get the ball back to the basket in the bowlers square before player can run full rounder. Rounders game. 2 teams - work on communication between bases. Have one person making the calls	
	Cricket	Athletics	Rounders	Athletics
Lesson 1	List the wicket keeper's roles and responsibilities.  Relate these to practices specific to the role of a wicket keeper Modified game / practice where the wicket keeper scores additional points for their team	Boys: javelin Measure	<b>Golden triangle:</b> Explain the process: have quick practice games to let people have a go. Conditioned Game: Batters start with 5 points fielders take 1 point away for each out. Batters don't score just aim to stay in. Bonus points for fielders if do it in less than 5mins/10mins	Girls: baton tech & races
Lesson 2	Assessment lesson Describe the tactics used to be successful in cricket.  Apply tactics discussed to your team's game.  Evaluate team's performance and whether or not tactics were successful	Boys: baton tech and races	<b>Tournament</b> Assessment lesson. Students to openly discuss tactics Try to look for rules being broken	Girls: Shot put & step spin
Wk33	Athletics	Softball	Athletics	Cricket
Lesson 1	Boys: Sprint		Girls: Javelin & run up	Recap the basic skills from Cricket activities from Year 8  Put into practice these skills in a small sided modified game

				Utilise these skills with increasing effectiveness and consistency in order to improve the chances of winning the game
Lesson 2	Boys: Sprint		Girls: Javelin Measure	Describe the use of defensive block  Apply the teaching points for the defensive block into a practise  Evaluate each other's ability to perform the skill practised in the lesson in a game situation
Wk33	Athletics	Softball	Athletics	Cricket
Lesson 1	Boys: javelin & run up		Girls: sprint	Progression from the block to driving the ball. When have you seen it used & types of delivery use against?  Develop the drive in a controlled practice situation  Pairs cricket game reflecting on the skills learned during the practise time
Lesson 2	Boys: javelin & run up		Girls: Sprint	Analyse the technique involved in bowling Apply variation (change of speed, length, flight) to improve personal bowling performance Evaluate personal performance and reflect on how improvements could be made
Wk34	Athletics	Softball	Athletics	Cricket
Lesson 1	Boys: javelin Measure		Girls: baton tech & races	List the wicket keeper's roles and responsibilities.

				<p>Relate these to practices specific to the role of a wicket keeper</p> <p>Modified game / practice where the wicket keeper scores additional points for their team</p>
Lesson 2	Boys: baton tech and races		Girls: Shot put & step spin	<p>Assessment lesson</p> <p>Describe the tactics used to be successful in cricket.</p> <p>Apply tactics discussed to your team's game.</p> <p>Evaluate team's performance and whether or not tactics were successful</p>
Wk35	Softball	Cricket	Cricket	Rounders
Lesson 1		<p>Recap the basic skills from Cricket activities from Year 8</p> <p>Put into practice these skills in a small sided modified game</p> <p>Utilise these skills with increasing effectiveness and consistency in order to improve the chances of winning the game</p>	<p>Recap the basic skills from Cricket activities from Year 8</p> <p>Put into practice these skills in a small sided modified game</p> <p>Utilise these skills with increasing effectiveness and consistency in order to improve the chances of winning the game</p>	<p>Accurate &amp; fast throws.</p> <p>Isolation practice of all the throws</p> <p>Then:</p> <p>4's – batter, bowler, backstop, retriever. Aim towards hands of backstop. Rules-bowling box.</p>
Lesson 2		<p>Describe the use of defensive block</p> <p>Apply the teaching points for the defensive block into a practise</p> <p>Evaluate each other's ability to perform the skill practised in the lesson in a game situation</p>	<p>Describe the use of defensive block</p> <p>Apply the teaching points for the defensive block into a practise</p> <p>Evaluate each other's ability to perform the skill practised in the lesson in a game situation</p>	<p>Batting for accuracy</p> <p>Recap batting technique (grip, stance, action) T.P's; Bat out to side of body &amp; sideways on. Pairs – underarm throw, hit back directly to partner.</p> <p>4's – bowler, batter, backstop and retriever. Batter aims to hit ball through a coned target. Hit target= 1 point. Rules about stepping out of batting square.</p>

Wk36	Softball	Cricket	Cricket	Rounders
Lesson 1		<p>Progression from the block to driving the ball. When have you seen it used &amp; types of delivery use against?</p> <p>Develop the drive in a controlled practice situation</p> <p>Pairs cricket game reflecting on the skills learned during the practise time</p>	<p>Progression from the block to driving the ball. When have you seen it used &amp; types of delivery use against?</p> <p>Develop the drive in a controlled practice situation</p> <p>Pairs cricket game reflecting on the skills learned during the practise time</p>	<p><b>Effective fielding team?</b> 4's-3 fielders, 1 batter. How can fielders support each other? Judge/anticipate batters hit + create tactics to outwit opposition. Link to full game. Roles of fielding positions, who to pass to and when, awareness of other players. 1 pupil from each team to umpire. Swap roles.</p>
Lesson 2		<p>Analyse the technique involved in bowling Apply variation (change of speed, length, flight) to improve personal bowling performance Evaluate personal performance and reflect on how improvements could be made</p>	<p>Analyse the technique involved in bowling Apply variation (change of speed, length, flight) to improve personal bowling performance Evaluate personal performance and reflect on how improvements could be made</p>	<p><b>Effective Fielding</b> Throw rounders: on two pitches for smaller teams x3 balls thrown looking for gaps in the fielding spaces. Fielders have to get the ball back to the basket in the bowlers square before player can run full rounder. Rounders game. 2 teams - work on communication between bases. Have one person making the calls</p>
Wk37	Softball	Cricket	Cricket	Rounders
Lesson 1		<p>List the wicket keeper's roles and responsibilities.</p> <p>Relate these to practices specific to the role of a wicket keeper Modified game / practice where the wicket keeper scores additional points for their team</p>	<p>List the wicket keeper's roles and responsibilities.</p> <p>Relate these to practices specific to the role of a wicket keeper Modified game / practice where the wicket keeper scores additional points for their team</p>	<p><b>Golden triangle:</b> Explain the process: have quick practice games to let people have a go. Conditioned Game: Batters start with 5 points fielders take 1 point away for each out. Batters don't score just aim to stay in. Bonus points for fielders if do it in less than 5mins/10mins</p>
Lesson 2		<p>Assessment lesson Describe the tactics used to be successful in cricket.</p> <p>Apply tactics discussed to your team's game.</p>	<p>Assessment lesson Describe the tactics used to be successful in cricket.</p> <p>Apply tactics discussed to your team's game.</p>	<p><b>Tournament:</b> Assessment lesson Students to openly discuss tactics Try to look for rules being broken</p>

		Evaluate team's performance and whether or not tactics were successful	Evaluate team's performance and whether or not tactics were successful	
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