

Level 1/2 Tech Award in Health and Social Care (February - April)

	Lesson 1	Lesson 2	Lesson 3
WEEK 1	B2 - Lifestyle indicators to interpret health: Nutrition and physical activity + C2 - Recommendations and actions to improve health and wellbeing	B2 - Lifestyle indicators to interpret health: smoking, alcohol and substance misuse. + C2 - Recommendations and actions to improve health and wellbeing	Coursework – Task 2 write up.
WEEK 2	C2 – Using formal and informal support to improve health and wellbeing	C3 - Barriers and obstacles to following recommendations – physical barriers and sensory barriers	Coursework – Task 3 write up.
WEEK 3	C3 - Barriers and obstacles to following recommendations – cultural and language	C3 - Barriers and obstacles to following recommendations – geographical, financial and resource	C3 - Barriers and obstacles to following recommendations – emotional/psychological
WEEK 4	Coursework – Task 4 write up.	Coursework – Task 4 write up.	C3 - Barriers and obstacles to following recommendations – time/resources
WEEK 5	Coursework – Task 5 write up.	Coursework – Task 5 write up.	C3 - Barriers and obstacles to following recommendations – unachievable targets and lack of support

Students will resit Component 1 from Year 10 to improve their overall grade.