

Physical Education **BTEC** Plan

Term 5

Year 10

April holidays onwards

6 week term

Year 10	Lesson 1 Learning intentions (what can a student do at the end of the lesson) UNIT 2	Lesson 2 Learning intentions (what can a student do at the end of the lesson) UNIT 2	Lesson 3 Learning intentions (what can a student do at the end of the lesson) UNIT 2
Weeks 27	<ul style="list-style-type: none"> • To know and understand what skill, strategies and tactics are • To know the importance of the use of different skills, strategies and tactics 	<ul style="list-style-type: none"> • To know and understand what strategies and tactics are • To know the importance of the use of different strategies and tactics in sport 	<ul style="list-style-type: none"> • To know what isolated and competitive practices are in sport. • To know and understand the advantages and disadvantages of isolated and competitive practices in sport. • To compare isolated practices with competitive practices.
Weeks 28	<ul style="list-style-type: none"> • To know what isolated and competitive practices are in sport. • To know and understand the advantages and disadvantages of isolated and competitive practices in sport. • To compare isolated practices with competitive practices. 	<ul style="list-style-type: none"> • To know and understand why officials are needed in sport • To know the different types of officials and their roles in sport 	<ul style="list-style-type: none"> • To know and understand what the different responsibilities of officials are and how they can impact a sport.

Year 10	Lesson 1 Learning intentions (what can a student do at the end of the lesson) UNIT 2	Lesson 2 Learning intentions (what can a student do at the end of the lesson) UNIT 2	Lesson 3 Learning intentions (what can a student do at the end of the lesson) UNIT 2 Practical
Weeks 29	<ul style="list-style-type: none"> To know and understand the different rules and regulations required in sport. To analyse the impact of officials and their rules and regulations. 	<ul style="list-style-type: none"> Draft assignment work (computer-based) Produce a presentation outlining the different roles and responsibilities. Your presentation should include an account of: The different roles and responsibilities of officials in your selected sport Rules and regulations around: a) The number of players b) How players can score when taking part in your selected sport Actions the officials would be expected to take to ensure the rules associated with: The number of players Scoring are adhered to when taking part in your selected sport. 	Draft video evidence Produce a series of video clips that will demonstrate sports skills for your selected sport being demonstrated in isolated practices and in competitive situations. Your video clips should include practical demonstrations of: <ul style="list-style-type: none"> At least three sports skills being performed in isolated practices Sports skills and strategies being performed in a competitive situation.
Weeks 30	<ul style="list-style-type: none"> Draft assignment work (computer-based) Produce a presentation outlining the different roles and responsibilities. Your presentation should include an account of: The different roles and responsibilities of officials in your selected sport Rules and regulations around: a) The number of players b) How players can score when taking part in your selected sport Actions the officials would be expected to take to ensure the rules associated with: The number of players Scoring are adhered to when taking part in your selected sport. 	<ul style="list-style-type: none"> Draft assignment work (computer-based) Produce a presentation outlining the different roles and responsibilities. Your presentation should include an account of: The different roles and responsibilities of officials in your selected sport Rules and regulations around: a) The number of players b) How players can score when taking part in your selected sport Actions the officials would be expected to take to ensure the rules associated with: The number of players Scoring are adhered to when taking part in your selected sport. 	Draft video evidence Produce a series of video clips that will demonstrate sports skills for your selected sport being demonstrated in isolated practices and in competitive situations. Your video clips should include practical demonstrations of: <ul style="list-style-type: none"> At least three sports skills being performed in isolated practices Sports skills and strategies being performed in a competitive situation.

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Weeks 31	<ul style="list-style-type: none"> • <u>PSA (Pearson Set Assignment) with reference to the scenario given (computer-based)</u> • application of knowledge and understanding of the two given areas of development. Evidenced through: <ul style="list-style-type: none"> • a well-developed account of the main officials and their key responsibilities in the chosen sport with minor omissions • a well-developed account of the given sport specific key rules and regulations • a well-developed account of the actions the official would normally take to ensure adherence to the given sport specific rules with no omissions. 	<ul style="list-style-type: none"> • <u>PSA (Pearson Set Assignment) with reference to the scenario given (computer-based)</u> • application of knowledge and understanding of the two given areas of development. Evidenced through: <ul style="list-style-type: none"> • a well-developed account of the main officials and their key responsibilities in the chosen sport with minor omissions • a well-developed account of the given sport specific key rules and regulations • a well-developed account of the actions the official would normally take to ensure adherence to the given sport specific rules with no omissions. 	<ul style="list-style-type: none"> • <u>PSA (Pearson Set Assignment) with reference to the scenario given (computer-based)</u> • Demonstration of practical ability through participation in their chosen sport. Evidenced through: <ul style="list-style-type: none"> • performs sporting techniques for sports skills with high levels of accuracy, fluency and control in isolated practices • performs sporting techniques for sports skills with high levels of accuracy, fluency and control in competitive situations • selects and performs appropriate strategies effectively on all occasions during competitive situations.
Weeks 32	<ul style="list-style-type: none"> • <u>PSA (Pearson Set Assignment) with reference to the scenario given (computer-based)</u> • application of knowledge and understanding of the two given areas of development. Evidenced through: <ul style="list-style-type: none"> • a well-developed account of the main officials and their key responsibilities in the chosen sport with minor omissions • a well-developed account of the given sport specific key rules and regulations • a well-developed account of the actions the official would normally take to ensure adherence to the given sport specific rules with no omissions. 	<ul style="list-style-type: none"> • <u>PSA (Pearson Set Assignment) with reference to the scenario given (computer-based)</u> • application of knowledge and understanding of the two given areas of development. Evidenced through: <ul style="list-style-type: none"> • a well-developed account of the main officials and their key responsibilities in the chosen sport with minor omissions • a well-developed account of the given sport specific key rules and regulations • a well-developed account of the actions the official would normally take to ensure adherence to the given sport specific rules with no omissions. 	<ul style="list-style-type: none"> • <u>PSA (Pearson Set Assignment) with reference to the scenario given (computer-based)</u> • Demonstration of practical ability through participation in their chosen sport. Evidenced through: <ul style="list-style-type: none"> • performs sporting techniques for sports skills with high levels of accuracy, fluency and control in isolated practices • performs sporting techniques for sports skills with high levels of accuracy, fluency and control in competitive situations • selects and performs appropriate strategies effectively on all occasions during competitive situations.

Physical Education **BTEC** Plan

Term 5 – Year 11

7 week term

Year 11	Lesson 1 Learning intentions (what can a student do at the end of the lesson) UNIT 3	Lesson 2 Learning intentions (what can a student do at the end of the lesson) UNIT 3	Lesson 3 Learning intentions (what can a student do at the end of the lesson) UNIT 3
Weeks 26	<ul style="list-style-type: none"> To recall the different training methods that develop flexibility. To know about the different training methods that develop strength. To be able to explain and analyse the different training methods that develop strength in relation to a sport. 	<ul style="list-style-type: none"> To recall the different training methods that develop strength. To know about the different aerobic training methods. To be able to explain and analyse the different aerobic training methods in relation to a sport. To complete several exam questions on the different aerobic training methods. 	<ul style="list-style-type: none"> To recall the different aerobic training methods. To know about the different speed training methods. To be able to explain and analyse the different methods of training for speed. To complete several exam questions on the different aerobic training methods.
Weeks 27	<ul style="list-style-type: none"> To recall all the different methods of training and understand the component of fitness it improves. To be able to define the different methods of training and what they consist of. To be able to identify the advantages and disadvantages of the different methods of training. 	<ul style="list-style-type: none"> To recall all the different methods of training and understand the component of fitness it improves. To be able to explain and analyse the different methods of training for speed. To complete a mock exam based on questions relating to the different training methods (13 questions) 	<ul style="list-style-type: none"> Targeted revision (these areas relate to individual cohort of students and the areas of weakness for those students) – to recap all the key concepts covered in BTEC Sport. To be able to identify exam techniques and be able to understand and answer 4 and 6 mark questions. To be able to recall and describe the knowledge learnt over the Unit 3 content. To demonstrate understanding of concepts through the application, analysis and evaluation of content in relation to sporting examples.

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Weeks 28	<ul style="list-style-type: none"> Targeted revision (these areas relate to individual cohort of students and the areas of weakness for those students) – to recap all the key concepts covered in BTEC Sport. To be able to identify exam techniques and be able to understand and answer 4 and 6 mark questions. To be able to recall and describe the knowledge learnt over the Unit 3 content. To demonstrate understanding of concepts through the application, analysis and evaluation of content in relation to sporting examples. 	<ul style="list-style-type: none"> Targeted revision (these areas relate to individual cohort of students and the areas of weakness for those students) – to recap all the key concepts covered in BTEC Sport. To be able to identify exam techniques and be able to understand and answer 4 and 6 mark questions. To be able to recall and describe the knowledge learnt over the Unit 3 content. To demonstrate understanding of concepts through the application, analysis and evaluation of content in relation to sporting examples. 	<ul style="list-style-type: none"> Targeted revision (these areas relate to individual cohort of students and the areas of weakness for those students) – to recap all the key concepts covered in BTEC Sport. To be able to identify exam techniques and be able to understand and answer 4 and 6 mark questions. To be able to recall and describe the knowledge learnt over the Unit 3 content. To demonstrate understanding of concepts through the application, analysis and evaluation of content in relation to sporting examples.
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