

Core P.E. Year 7 Learning Intentions Summer Half Term 2 2024- 2025

	7CR 1 & 5	7CR 2 & 6	7CR 3 & 4
	OAA	OAA	OAA
Week 33 wc 2 nd June	Indoor Hoola hoop games Hoop travels round the circle the fastest whilst arms are linked/ reverse/twice round Whole team travels through the hoop, think of ways to increase the speed Performing under pressure in a timed environment with larger groups. Sharing ideas with others, importance of stopping and thinking about whether progress is being made. Appreciate small gains	Outdoor Invasion strategy game. Capture the Flag: Work in larger groups, think about specific roles within the group, analytic skills need to adjust team strategy to win.	Outdoor Invasion strategy game. Capture the Flag: Work in larger groups, think about specific roles within the group, analytic skills need to adjust team strategy to win.
	Outdoor Invasion strategy game. Capture the Flag: Work in larger groups, think about specific roles within the group, analytic skills need to adjust team strategy to win.	Indoor Hoola hoop games Hoop travels round the circle the fastest whilst arms are linked/ reverse/twice round Whole team travels through the hoop, think of ways to increase the speed Performing under pressure in a timed environment with larger groups. Sharing ideas with others, importance of stopping and thinking about whether progress is being made. Appreciate small gains	INDOOR Bench games Find out each other's names and stand in order on the bench Height order Age House number 2 nd games Carry the tennis ball balanced on a racket and get it in the bucket without dropping it. Have to start again if they do.
	Athletics	Athletics	Athletics
Week 34 wc 9 th June	Sprint technique & 100m	Long Jump & Triple jump technique	Throwing tennis ball
	200m Sprint & sprint Start.	Baton Changing	Baton changing

Week 35 wc 16 th June	Throwing tennis ball	Relay Races	Long Jump & Triple jump technique
	Long Jump & Triple jump technique	Throwing tennis ball	Relay races
Week 36 wc 23 rd June	Baton changing	Sprint technique & 100m	Sprint technique & 100m
	Relay Races	Long Jump & Triple jump technique	Throwing tennis ball
	Cricket/Rounders	Cricket/Rounders	Cricket/Rounders
Week 37 wc 30 th June	Cricket Describe the Teaching Points of the low and high catch. Apply the Teaching Points in a practice situation. Reflect on what you did well and what you can improve upon	Rounders Describe the correct technique to perform a simple catch Catch the ball consistently when thrown from different heights/directions	Staff to choose between rounders and cricket with their group.
	Describe the Teaching Points of the Long Barrier. Apply the Teaching Points in a practice situation. Reflect on what you did well and what you can improve upon.	Distinguish difference between underarm and overarm throw techniques Recognise when and why either technique should be used	
Week 38 wc 7 th July	Describe the Teaching Points of the Bowling Action Apply the Teaching Points in a practice situation. Reflect on what you did well and what you can improve upon.	Know the key points for correct batting stance Consistently adopt correct stance when batting	
	Describe the Teaching Points of the batting grip and stance. Apply the Teaching Points in a practice situation. Reflect on what you did well and what you can improve upon.	Know the aim/job of the fielding team and the different responsibilities each one has Demonstrate the long barrier fielding technique in a practice situation	

Week 39 wc 14 th July	Describe the skills required to participate in a small sided games. Apply the skills in a small sided game.	Focus upon rotations of players in different roles. Develop any tactics they have learnt.	
	Assessment Lesson & Competition. Students to apply and evaluate strategies for bowling, batting & Fielding.	Teams run themselves and make tactical decisions based upon how the other team play.	