

Core P.E. Year 8 Learning Intentions Summer Half Term 2 2024-2025

	8CR 1 & 4	8CR 2 & 3	8CR 6 & 5
	OAA	OAA	OAA
Week 33 wc 2 nd June	Outdoor: capture the Flag 4 corner version Makes the game faster and students must be hyper vigilant.	Indoor: Trust games Blind fold games Sheep Pen students Develop listening skills, verbal skills, importance of keeping instructions simple.	Indoor/back of sports hall: River crossing: Using a bench/mat/ hoola hoop. Students work as a team to get across the sports hall. If they touch the floor they must start again
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	Athletics	Athletics	Athletics
Week 34 wc 9 th June	Sprint technique & 100m	Shot Put technique	Throwing Javelin
	200m Sprint & sprint Start.	Baton Changing	Baton changing
Week 35 wc 16 th June	Throwing Javelin	Relay Races	Shot Put technique
	Shot Put technique	Throwing Javelin	Relay races
Week 36 wc 23 rd June	Baton changing	Sprint technique & 100m	Sprint technique & 100m
	Relay Races	Measuring Throws	Measuring Throws
	Cricket/rounders	Cricket/rounders	Cricket/rounders

Week 37 wc 30 th June	Cricket Perform a range of fielding techniques including the long barrier. Apply fielding techniques to a pairs cricket game. Evaluate own and others fielding performances.	Rounders Demonstrate an appropriate Ready Position and Long Barrier.	Teachers follow either rounders or cricket
	Describe the basic teaching points for batting, including both attacking & defensive shots. Apply teaching points to drills and a paired cricket game. Evaluate own and others batting technique and performance	Discus rules to bowling and identify effective technique	
Week 38 wc 7 th July	Perform different ways to run a batsman out. Apply techniques to drills and a paired cricket game. Evaluate own and others performance.	Speed between bases. Recognise how to adjust body position for balls delivered at different heights in small group practices	
	Define and demonstrate the bowling technique Apply bowling technique to non-competitive and competitive situations. Reflect on performance and suggest ways to improve.	Perform a conditioned practice in a small group demonstrating previously learned skills of bowling and batting Show and discuss judgement in running between posts	
Week 39 wc 14 th July	Define the importance of communication when batting. Apply techniques discussed to paired cricket game Reflect on performance and suggest ways to improve	Have 3 small teams: x1 batting team x1 inner field team x1 deep field team Help students understand the differences between inner fielding roles and deep field, how they can support each other.	
	Assessment Lesson & Competition. Evaluate the strengths & weaknesses of each	Tournaments Assessment game Team captains x1 fielding captain x1 batting captain on each team	