

Core P.E. Year 9 Learning Intentions Summer Half Term 2 2024-2025

	9CR 2 & 3	9CR 4 & 5	9CR 1 &
	Athletics	Cricket	Rounders
Week 33 wc 2 nd June	200m: Different approach to the 200m to the 100m Pacing self/strength	Games Describe the tactics used to be successful in cricket. Apply tactics discussed to your team's game.	Tournament Assessment lesson. Students to openly discuss tactics Try to look for rules being broken
	600/800m Talking about pace Stamina	Games Describe the tactics used to be successful in cricket. Apply tactics discussed to your team's game.	Tournament Assessment lesson. Students to openly discuss tactics Try to look for rules being broken
	Rounders	Athletics	Cricket
Week 34 wc 9 th June	Accurate & fast throws. Isolation practice of all the throws Then: 4's – batter, bowler, backstop, retriever. Aim towards hands of backstop. Rules-bowling box.	100m Sprint: Looking at Sprint Start and Sprint Technique	Recap the basic skills from Cricket activities from Year 8 Put into practice these skills in a small sided modified game Utilise these skills with increasing effectiveness and consistency in order to improve the chances of winning the game
	Batting for accuracy Recap batting technique (grip, stance, action) T.P's; Bat out to side of body & sideways on. Pairs – underarm throw, hit back directly to partner. 4's – bowler, batter, backstop and retriever. Batter aims to hit ball through a coned target. Hit target= 1 point. Rules about stepping out of batting square.	Javelin: Safety First How to hold How to throw Start run up	Describe the use of defensive block Apply the teaching points for the defensive block into a practise Evaluate each other's ability to perform the skill practised in the lesson in a game situation

Week 35 wc 16 th June	Effective fielding team? 4's-3 fielders, 1 batter. How can fielders support each other? Judge/anticipate batters hit + create tactics to outwit opposition. Link to full game. Roles of fielding positions, who to pass to and when, awareness of other players. 1 pupil from each team to umpire. Swap roles.	Relay: 4x100m Baton change over How the race goes	Analyse the technique involved in bowling Apply variation (change of speed, length, flight) to improve personal bowling performance Evaluate personal performance and reflect on how improvements could be made
	Golden triangle: Explain the process: have quick practice games to let people have a go. Conditioned Game: Batters start with 5 points fielders take 1 point away for each out. Batters don't score just aim to stay in. Bonus points for fielders if do it in less than 5mins/10mins	Shot Put: Safety First How to hold Standing position Throw	List the wicket keeper's roles and responsibilities. Relate these to practices specific to the role of a wicket keeper Modified game / practice where the wicket keeper scores additional points for their team
Week 36 wc 23 rd June	Tournament Assessment lesson. Students to openly discuss tactics Try to look for rules being broken	200m: Different approach to the 200m to the 100m Pacing self/strength	Games Describe the tactics used to be successful in cricket. Apply tactics discussed to your team's game.
	Tournament Assessment lesson. Students to openly discuss tactics Try to look for rules being broken	600/800m Talking about pace Stamina	Games Describe the tactics used to be successful in cricket. Apply tactics discussed to your team's game.
	Cricket	Rounders	Athletics
Week 37 wc 30 th June	Recap the basic skills from Cricket activities from Year 8 Put into practice these skills in a small sided modified game Utilise these skills with increasing effectiveness and consistency in order to improve the chances of winning the game	Accurate & fast throws. Isolation practice of all the throws Then: 4's – batter, bowler, backstop, retriever. Aim towards hands of backstop. Rules-bowling box.	100m Sprint: Looking at Sprint Start and Sprint Technique

	<p>Describe the use of defensive block</p> <p>Apply the teaching points for the defensive block into a practise</p> <p>Evaluate each other's ability to perform the skill practised in the lesson in a game situation</p>	<p>Batting for accuracy Recap batting technique (grip, stance, action) T.P's; Bat out to side of body & sideways on. Pairs – underarm throw, hit back directly to partner. 4's – bowler, batter, backstop and retriever. Batter aims to hit ball through a coned target. Hit target= 1 point. Rules about stepping out of batting square.</p>	<p>Javelin: Safety First How to hold How to throw Start run up</p>
Week 38 wc 7 th July	<p>Analyse the technique involved in bowling Apply variation (change of speed, length, flight) to improve personal bowling performance Evaluate personal performance and reflect on how improvements could be made</p>	<p>Effective fielding team? 4's-3 fielders, 1 batter. How can fielders support each other? Judge/anticipate batters hit + create tactics to outwit opposition. Link to full game. Roles of fielding positions, who to pass to and when, awareness of other players. 1 pupil from each team to umpire. Swap roles.</p>	<p>Relay: 4x100m Baton change over How the race goes</p>
	<p>List the wicket keeper's roles and responsibilities.</p> <p>Relate these to practices specific to the role of a wicket keeper Modified game / practice where the wicket keeper scores additional points for their team</p>	<p>Golden triangle: Explain the process: have quick practice games to let people have a go. Conditioned Game: Batters start with 5 points fielders take 1 point away for each out. Batters don't score just aim to stay in. Bonus points for fielders if do it in less than 5mins/10mins</p>	<p>Shot Put: Safety First How to hold Standing position Throw</p>
Week 39 wc 14 th July	<p>Games Describe the tactics used to be successful in cricket.</p> <p>Apply tactics discussed to your team's game.</p>	<p>Tournament Assessment lesson. Students to openly discuss tactics Try to look for rules being broken</p>	<p>200m: Different approach to the 200m to the 100m Pacing self/strength</p>
	<p>Games Describe the tactics used to be successful in cricket.</p> <p>Apply tactics discussed to your team's game.</p>	<p>Tournament Assessment lesson. Students to openly discuss tactics Try to look for rules being broken</p>	<p>600/800m Talking about pace Stamina</p>